

Sunset in the Park

Join Morale, Welfare and Recreation, the Wahiawa Lions Club, and the Wahiawa community in welcoming home Hawaii's Soldiers from noon until 10 p.m. at Wheeler Army Airfield, this weekend. This event will provide great local entertainment, games, rides, static displays, vendor and food booths, plus the feature attractions — two big 30-foot screen movies at dusk over the two-days. Bring the whole family out for a fun-filled day. This event is open to the public.

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Gallery of Heroes

Two former Soldiers will be inducted into the Gallery of Heroes at Fort DeRussy Museum, today at 2:30 p.m. Both are recipients of the Distinguished Service Cross, awarded for valor. The ceremony will be held on the front lawn of the museum. Call 539-4902 for more details.

Memorial Day Remembrance

The 25th Infantry Division (Light) and U.S. Army, Hawaii, will conduct a Memorial Day Remembrance Ceremony at the Schofield Barracks Post Cemetery on May 30 at 11:30 a.m. The uniform for this observance is Class B, with awards and decorations, for military personnel, and aloha attire for spouses and civilians. Call Sgt. Maj. Tim Stampley, G-3 Operations, at 655-8711 for more information.

AUSA Golf

The Association of the United States Army will host its AUSA Welcome Home Golf Tournament at Leilehua Golf Course, June 3 at 12 p.m. For more details, contact Sgt. Maj. Baumgarten at 655-4700.

The Honolulu Zoo

The Honolulu Zoo is the place to be June 4, beginning at 10 a.m., for Military Appreciation Day. USO-Hawaii, in cooperation with the City and County of Honolulu, the Honolulu Zoological Society and the Chamber of Commerce of Hawaii, is inviting all military personnel and families with military ID cards to enter free. The first 5,000 will receive a free picnic lunch; all will enjoy lots of music and keiki activities.

'I can do this!'



Sgt. Sean Kimmons

Staff Sgt. Erasmo Flores (foreground), a combat engineer with Company B, 65th Engineer Battalion, knocks out push-ups, while Staff Sgt. Chad Wasileski, a small group leader with the Noncommissioned Officer Academy, counts them during a PT test at the NCO

Academy for the Soldier and NCO of the Year competition, May 6. Flores and nine other Soldiers participated in the two-week competition for the chance to be recognized as the best Soldier or NCO in Hawaii. For more coverage on the competition, turn to page A-8.

3-7 Field Artillery captures Army maintenance award

By Sgt. Douglas DeMaio
20th Public Affairs Detachment

KANDAHAR AIRFIELD, Afghanistan — The large category recipient of the 2004 Army Award for Maintenance Excellence is none other than 3rd Battalion, 7th Field Artillery Regiment. Army Chief of Staff Gen. Peter J. Schoomaker recognized the unit's accomplishment during a ceremony this month in Washington, D.C. He presented Chief Warrant Officer 3 Anibal Feliciano, 3rd Bn., 7th FA Rgt., maintenance officer, with a plaque honoring the unit.

"The Army Award for Maintenance Excellence is a very prestigious and competitive award," said Feliciano, who returned from Afghanistan last month, explaining the award exemplifies unit level maintenance and performance programs.

"I definitely know we deserved it," said Sgt. Patrick Apaza, a mechanic for Headquarters and Headquarters Service Battery, 3rd Bn., 7th FA Rgt. "I didn't think we would get it ... as much as the equipment would

breakdown, but as soon as the equipment went down, we were able to get it back up."

The unit, which redeployed in April, had been maintaining equipment that has been used in Afghanistan since the beginning of Operation Enduring Freedom.

The Soldiers, operators and mechanics made this award possible, said Feliciano. The harsh conditions in Afghanistan took their toll on equipment, but the maintenance team of 3rd Bn., 7th FA Rgt., was still able to keep that equipment up and running.

It wasn't just their efforts in Afghanistan that allowed the Soldiers to be so successful — it was everything that led up to the deployment.

"I think that we could see the fruits of our labor when we got here," said Lt. Col. Clarence Neason, 3rd Bn., 7th FA Rgt., commander. "This deployment was going to be the ultimate test, and we have had tremendous success."

Placing more of an emphasis on maintenance



Spc. Cheryl Ransford

Staff Sgt. Juan Merchan, shop foreman for HHB, 3rd Bn., 7th FA, tightens a radiator hose clamp on a Humvee, Monday. Ensuring all hoses are secured can help to prevent potentially life threatening accidents.

See "Award," page A-6

Oahu dodges BRAC

By Public Affairs Office
25th Infantry Division (Light) and U.S. Army, Hawaii

The Department of Defense announced its 2005 Base Realignment and Closure (BRAC) recommendations May 13, with no changes proposed for the 25th Infantry Division (Light) and U.S. Army, Hawaii.

The BRAC process is an important step for the Army as it continues its way ahead, pursuing the most comprehensive transformation of its forces since World War II.

U.S. Army, Hawaii, installations play an important role in the way ahead, they added, serving as a platform for the Army as the 25th ID (L) and USARHAW transform. These changes will maximize the Army's capa-

See "BRAC," page A-6

Legislature announces appreciation package

By Rep. K. Mark Takai, Rep. Ken Ito, and Sen. Norman Sakamoto

HONOLULU — Members of the State Legislature unveiled May 9 the final package of successful bills, resolutions and appropriations in support and appreciation of Hawaii's military community.

The package includes six bills, five resolutions, more than \$2.2 million in programs and services over the next two years, and more than \$26 million in capital improvement funds to build or improve facilities.

"The 2005 Military Appreciation Package represents the Legislature's commitment to support our military members and their families," said Representative K. Mark Takai, vice speaker of the House of Representatives. "The activation of reserve members and deployment of troops have left a deep impact on our community. We appreciate their willing-

See "Package," page A-6

New law to affect SGLI payments, premiums

By Donna Miles
American Forces Press Service

WASHINGTON — Defense and Veterans Affairs officials are ironing out details that will expand benefits provided by Servicemembers' Group Life Insurance. The \$82 billion supplemental legislation signed into law by President Bush May 11 increases maximum SGLI coverage to \$400,000 and provides payouts of up to \$100,000 for service members with traumatic injuries, explained Stephen Wurtz, the VA's deputy assistant director for insurance.

The increased SGLI coverage will take effect Sept. 1, and the so-called "traumatic SGLI" benefit, Dec. 1. Wurtz said legislation directs that both be retroactive to Oct. 7, 2001.

Traumatic SGLI benefits will be retroactive for troops who have lost limbs, eyesight or speech, or received other traumatic injuries as a direct result of injuries received during Operation Iraqi Freedom or Operation Enduring Freedom. The benefit does not apply to service members suffering from disease.

The retroactive coverage increase is payable as a result of deaths in

either operation, or under other conditions prescribed by the secretary of defense, Wurtz said.

Service members enrolled in the SGLI program will notice an increase in their premiums when the increases take effect. The traumatic SGLI benefit will be rolled into the basic SGLI program and will likely cost about \$1 a month, Wurtz said.

Troops opting for maximum SGLI coverage — \$400,000 vs. the current \$250,000 — will see their monthly premiums increase from \$16.25 to \$26, Wurtz said. SGLI coverage is currently available in \$10,000 incre-

ments, but as of Sept. 1, the increments will increase to \$50,000.

Service members who retain \$250,000 or less coverage will see no increase in their premiums, Wurtz said, except for the \$1 "traumatic SGLI" premium.

In a new twist introduced by the supplemental legislation, troops with family members must get their spouse's approval to purchase less than the full amount of coverage. For those not married, notice will be provided to the designated beneficiary when the member purchases less than the maximum coverage.

The Hawaii Army Weekly welcomes letters and commentaries from readers. To submit call the editor at 655-4816 or e-mail editor@hawaiiarmyweekly.com. The deadline for articles is the Friday prior to the week of publication. Send all articles in Microsoft Word or text format.

Lightning Spirit

Grief often heals the wounds many can't see

By Chaplain (Maj.) Jeff Houston
Chaplain Resource Manager

Schofield Barracks Installation Chaplain Office

Two Soldiers in a unit I served in both experienced the tragic loss of their wonderful wives. What a terrible loss we suffered together. As difficult as it is, we will all go through the grieving process sooner or later. Perhaps, now is an appropriate time to reflect on this painful, but necessary process, for a few moments. Grieving heals a wound that we cannot see. This wound is just as real and painful as a physical injury, but it is an emotional wound to our heart that we experience any time we suffer a significant loss in our lives. The grief process is a normal, healthy part of our lives that we often fail to understand — and often fail to consider when we experience the losses that life so often places at our doorstep. Let us take a quick look at what in reality is a painful ... but a healthy process.

- Step One is shock and denial**
“I can’t believe this is happening!” An emotional numbness may set in and last from hours to weeks.
- Step Two is anger and resentment**
A person may feel and express anger toward what they see as the cause of their loss ... others, themselves or even God.
- Step Three is guilt**
“If only I would have done this, or that, they would still be alive.” People often blame themselves for events beyond their control.
- Step Four is depression and loneliness**
Depression is often the most difficult feeling to overcome, as well as the isolation and loneliness that people often experience at this point in the process. These symptoms often occur months after the actual loss. This time is when support of friends and family is critical.
- Step Five is hope**
In time, the healing process is complete and, if all has gone well, individuals are able to rebuild their lives and look with hope to the future. It is important to be aware of this process if you, or someone you care about, has suffered a loss. The key to helping those in the grief process is simple:
- 1) Don’t try to thwart the process. For example, don’t try to make the person “be strong” by encouraging him or her to hold in feelings. Feelings must be expressed in an appropriate manner; it is OK to cry.
 - 2) You don’t have to have all the answers. Don’t worry if you don’t know what to say; words are not the key ... your actions are. Ultimately, those who suffer grief don’t need answers. They need you.
 - 3) Give them time; this wound will not heal quickly.

PX benefit is worth the fight

By Master Sgt. Jon Connor
Army News Service

FORT LEONARD WOOD, Mo. — Throughout my 19 years in the Army, I’ve heard and continue to hear a lot of bashing about the post exchange, commonly called the PX. While some of the concerns are warranted, there is still plenty of good about the PX to keep me coming back. I’ll go as far as to say the PX is one reason, along with the commissary, that influenced me to make a career out of the Army, so that I could continue to enjoy my privilege of shopping there throughout life. Yes, indeed, it is a privilege. For if you are not affiliated with the military in some legal capacity that meets Department of Defense requirements, you aren’t allowed to shop at these facilities. Please understand when I say PX, I am also referring to the exchange stores at all Army posts, Air Force bases, and even those stores at Navy and Marine Corps installations worldwide. So, what exactly do I like about the PX? Well, for starters, I like the fact that I don’t pay any tax. That’s more money into my pocket. Can you imagine how much money I’ve saved during the last 19 years and will save throughout a lifetime? I also like the deals the PX offers every week. I am a consumer in the truest sense. I look for bargains everywhere I go. Every time

I walk into the PX or its related stores, I look for future flyers so I know what the sales items will be. And then I buy. As a master sergeant with a family, you know I’m not rich, but I’m able through the Army & Air Force Exchange Service’s competitive credit card rate to make big purchases if the need arises. Otherwise, I pay as I go and reap the benefits. Some of the items I have bought on sale include televisions, stereo equipment, clothes and furniture. I’m not talking about some 10-20 percent sale, but sometimes as much as 75 percent off. I still remember standing in line in Darmstadt, Germany, in the PX parking lot one night, to buy a Green Bay Packer winter jacket for \$35. The original price was about \$125-\$150. I also will never forget “stealing” clothing — shirts, pants and jackets — the day after Christmas at the Fort Eustis, Va., PX. The items were about 90 percent off. And even there I bought a black leather jacket after the Christmas holidays. I paid 50 percent off, off of an already marked 75 percent discount. Talk about dirt cheap. The memories and savings go on and on. In all fairness to those people (those other customers) that think the PX could do a lot more, well they are right, too. Here are some complaints I’ve heard: higher prices than off post, not enough assistants on the floor, price

tags missing on some merchandise, unqualified department personnel, not enough variety, restrooms that need better cleaning and repair, and the list goes on. I acknowledge these statements as part of the military culture. I try to find some good in the not so good, which of course is a matter of perspective. The PX system, like everything else, is not perfect. The PX has signs posted all over saying it has people that go off post and check the prices in the stores to ensure its patrons are getting a better deal. Well, try as it may, I know its personnel are not checking every item, as that’s simply impossible. I’ve seen better off-post prices in specific instances, especially for music and videos. Nevertheless, the PX has a good return policy and will price match exact items off post. Sometimes, no exact item exists off post, so I have to decide which model for the price am I going to put down my hard-earned money on. These are, I believe, the main draws of the PX. I have a choice that is not afforded to the average American. I can shop around and find the best deal that suits me, on post or off. Either way, I win. (Editor’s Note: Master Sgt. Jon Connor serves as the noncommissioned officer in charge of the Fort Leonard Wood public affairs office; he also serves as acting editor of the post newspaper.)

VA supports faith-based initiatives

By Hometown News Service
Department of Veterans Affairs

WASHINGTON — Faith-based and community organizations have long played an important role in communities across America, but outdated rules and regulations have created an unlevel playing field, preventing many federal agencies from helping the grassroots groups that serve so many others. Consider John Downing, chief executive officer of United Veterans of America, Inc., which was founded in 1994 to help homeless veterans in Leeds and Pittsfield, Mass. Throughout the 1990s, he submitted applications to several federal agencies for funds to help the homeless. He believes his applications were not given serious consideration because his nonprofit organization is classified as “faith-based.” “I felt like we needed an advocate for nonprofit, faith-based

and community groups inside the governmental process, someone who understands what we need and is willing to fight for us,” said Downing. Policies that govern how faith-based and other community organizations compete for federal grants and contracts are changing for United Veterans of America and thousands of groups like it. In 2001, President George W. Bush signed the first of three executive orders establishing Centers for Faith-Based and Community Initiatives in 10 federal agencies, including a center in the Department of Veterans Affairs. Partnering with faith-based groups was nothing new to VA. Its Voluntary Service Program is the largest volunteer program in the federal government and has provided nearly 60 years of service to America’s veterans. Since 1994, VA has awarded more than \$230 million to about 500 faith-based and other com-

munity organizations, with funding earmarked for everything from transitional housing to meals for homeless veterans. In the past, some government regulations actually prohibited faith-based organizations from even applying for federal funds. Sometimes the barriers were more subtle, but the message was the same — you are not welcome. Darin Selnick, Director of VA’s Center for Faith-Based and Community Initiatives, is hoping to change that perception. He is no stranger to faith-based and community organizations. He previously served as California State Commander and National Executive Committee Member for the Jewish War Veterans. These experiences taught him how subtle barriers can taint relationships. “I know what it’s like to be excluded because of your faith,” said Selnick. “Legitimate faith-based and community organizations interested in serving at-risk

veterans shouldn’t be left out in the cold. They deserve the same access to federal resources as other community groups. And they will get it at VA.” The laws governing federal grants to faith-based groups are clear, according to Selnick. “Direct federal funds cannot be used for inherently religious activities, and veterans must receive services regardless of their religious affiliation or beliefs,” he said. “My goal is to make it easier for VA and these organizations to work together and to look for new ways these partnerships can serve veterans in every community.” By striving to create innovative pilot and demonstration programs, VA is increasing these opportunities and expanding the availability of community services that meet veterans’ needs. (Editor’s Note: For more information, visit the Department of Veterans Affairs Web site at <http://www.va.gov/opa/fbci/>.)

Voices of Lightning: “What was the most valuable lesson learned while you were deployed?”



“... Seeing how we made a difference. Before I deployed, I was skeptical, but when we left, I felt that we accomplished something.”

Spc. Roy Taveras
Co. C, 65th Eng. Bn.
Mechanic



“... The importance of family. I realized what my family had to go through and what I missed when I was gone [in Iraq].”

Spc. Edward Jackson
HHC, 2nd Bde.
S-1 Clerk



“I learned to always watch each other’s back and make sure everyone is safe in a combat environment.”

Spc. Justin Wells
HHC, 1st Bn., 27th Inf. Rgt.
S-3 Shop Specialist



“... Be flexible as far as anything can happen at anytime.”

Sgt. Bryan Borbon
Co. C, 1st Bn., 14th Inf. Rgt.
Team Leader



“I learned that everything is not the same in this world or how you perceive it to be.”

Spc. Robert Flowers
HHC, 2nd Bn., 25th Avn. Rgt.
Aviation Operations Spec.

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Pohakuloa Training Area Sgt. Maj. William Calhoun and Sgt. Joe McKoy put the finishing touches on a student garden at Waikawaena Elementary School in Hilo last year.



Right – Pohakuloa Training Area’s Sgt. Joe McKoy hauls a load of cement for a new basketball court that PTA Soldiers built at Keaau Middle School on the Big Island, last year.

PTA’s Soldiers provide labor, IMAC computers

Joint Venture Education funds continue to support local schools, communities

Story and Photos by
Bob McElroy
Public Affairs Officer
Pohakuloa Training Area

POHAKULOA TRAINING AREA, Hawaii — There’s now a brand new computer in every classroom at Waikawaena Elementary School in Hilo, thanks to the efforts of PTA Soldiers here.

PTA Sgt. Maj. William Calhoun and Staff Sgt. John Berlanga delivered the last of eight new Apple iMac computers to the school last week.

The gift of the iMacs will allow the school to place a computer in every classroom from kindergarten through fifth grade, as well as in the special education classroom, according to Fern Albrechtson, Waikawaena’s school administrative services assistant. The remaining iMAC will go into the school’s computer lab, she said.

Albrechtson called the gift of the computers “a good thing and a very big help to the school. We don’t get computer funds. If we want money for computers, we have to fund-raise.”

Waikawaena requested the iMacs rather than personal computers, or PCs, because the school already has several iMacs in its computer lab.

PTA’s donation of the iMacs is the first time the Army has provided computers to Waikawaena, Albrechtson said. The school’s other iMacs were donated by other Hilo-area companies.

Funds for the computers came from a program called the Joint Venture Education Forum, according to Kristina Noriega-Artis, the school liaison officer for U.S. Army Garrison Hawaii.

Begun by U.S. Pacific Command in 1999, the vision of the JVEF, according to the PACOM Web site (<http://www.pacom.mil/jvef/about.shtml>) is to “...facilitate active military participation in Hawaii Public Education serving to advance the military community’s responsibility in the pursuit of quality education for Hawaii’s public school

students.”

Initial funds for the JVEF came from money the Congress appropriated through the efforts of Hawaii Senator Daniel K. Inouye and Adm. Dennis C. Blair, the commander in chief of PACOM, at the time, the Web site says.

Noriega-Artis said that JVEF provides \$5,000 per year for each school an Army unit has a partnership with. Among the projects that JVEF has supported on the Big Island are the iMACs and the student gardens PTA Soldiers helped build at Waikawaena.

The JVEF also provided funds that went toward the construction of a basketball court at Keaau Middle School here. PTA Soldiers, led by Calhoun, donated countless hours of time to help turn a grassy field into a top-notch basketball court.

Noriega-Artis said that the Army receives \$220,000 annually from the JVEF.

Next up for PTA Soldiers is to provide computers for Waimea Elementary School. Berlanga said that, that project is in the planning stages.

Big Islanders absorb lingo of Army contracts

By Bob McElroy
Public Affairs Officer

KAILUA-KONA, Hawaii — Small-business owners here took another opportunity to learn how to do business with the Army recently when the Honolulu District Army Corps of Engineers and the Hawaii Small Business Development Center Network held its second “Doing Business with the Army” seminar on the Big Island.

The first seminar took place in September 2004 at the University of Hawaii-Hilo campus for East Hawaii small businesses. About 60 people attended that seminar. Approximately 35 people attended this seminar, representing a diverse array of small businesses: everything from bomb-disposal to helicopter tours, contractors and builders.

The idea for both seminars came from a suggestion Pohakuloa Training Area commander Lt. Col. Fred Clarke received at a land use meeting last year. Clarke discussed the idea with the Corps and the seminars were born.

As he had in Hilo, Clarke opened the seminar by encouraging participants to take advantage of the knowledge and information the subject matter experts on hand could provide them and turn all into business opportunities.

Monica Kaji, the Corps Honolulu District’s deputy for small business, followed Clarke and outlined the procedures small businesses must follow should they want to bid for and win contracts with the Army. She stressed the importance of registering online with the Central Contractor Registration; without it a small business cannot get federal awards, Kaji said.

Newton Yuen, associate director of the Army Contracting Agency, Pacific Region, followed Kaji. Yuen said that small business awards from Hawaii totaled \$138 million in Fiscal Year 2004, proof of the Army’s commitment to small businesses.

The Army can purchase a number of goods and services, Yuen said, from subcontractors: custodial refuse collection, grounds maintenance, equipment maintenance, food service, laundry service, Soldier Leader Development Program, and Language Immersion Training.

The Army also buys supplies and enlists subcontractors to perform minor construction (repairs, alterations and demolition), as well as open-ended construction (roofing, painting, paving, sidewalks and flooring), Yuen added.

The Army does not purchase military construction or architect and engineering services, which are performed by the Corps of Engineers, Yuen explained, adding that commissary and post exchanges are stocked items or nonappropriated fund requirements. In closing, Yuen emphasized that he’s always looking for businesses owned by native Hawaiians, service-disabled veterans, and businesses located in historically underutilized business zones.

Next up was Michael Youth of the Small Business Administration who explained SBA programs open to subcontractors, especially businesses owned by native

See “Lingo,” page A-4

MWR, BOSS lei single Soldiers when they return

By 1st Lt. Lindsey Dane
Contributing Writer

Probably the only sad sight to be seen at a homecoming ceremony is that of a Soldier with no family members or friends waiting to welcome him or her back once the beautiful and long-awaited sound of “Dismissed” is proclaimed from the ceremony stage.

However, U.S. Army Garrison Hawaii’s Morale, Welfare and Recreation, in partnership with Better Opportunities for Single Soldiers, or BOSS, has taken the initiative to make sure that those single Soldiers who don’t have the welcome wagon waiting for them are not missing out some special thanks and attention.

Beginning with the return of Chalk 6 in January (technically the third to arrive when the main body began redeploying last December), to date the program has provided more than 9,000 leis — and still has plenty in stock for the return of DIVARTY to complete the 25th Infantry Division’s (Light) deployments into Afghanistan and Iraq during the past year.

Soldiers first received shell leis, each receiving one of 4,000 that were contributed by Hilo Hattie, a popular gift store located on the Hawaiian Islands and the mainland. Flower leis later replaced shell leis when the Hawaii Hotel Association donated 6,000 for the remainder of the returning Soldiers in March.

“We saw and heard about it and thought it



Ruben Moreno

Spc. Audrey Baltzer presents a lei to Sgt. 1st Class Keith Gordon of Headquarters and Headquarters Company, 2nd Battalion, 5th Infantry Regiment.

would be a nice thing, to be able to provide some more support to the returning Soldiers,” said Murray Towill, president of the Hawaii Hotel and Lodging Association. “We thought a lei greeting would be very appropriate.

“We saw a typical homecoming; some Soldiers were being emotionally greeted by family and friends, but it was obvious that

there weren’t people there for everyone,” he continued. “We saw this as an opportunity to make sure everyone felt welcomed home — and that we knew where they had been, what they had done and how much they gave up.”

Following the dismissal of the chalks at the end of the homecoming ceremony, MWR representatives like regulars Kathy Giannetti and Michelle McQueary, alongside family readiness group, MWR and BOSS program volunteers and families, posted themselves at the two entrances to the hanger to make sure to catch all of the Soldiers leaving alone.

“In the beginning, we got on the buses taking the single Soldiers back to the barracks to ensure we got everyone. Now, our focus is on getting everybody, so we start in the hanger and even pass them out to family members in advance to make sure we get everybody,” said Michelle McQueary, MWR recreation specialist for Leisure Activities. “It’s the best part of my job,” said McQueary. “Sometimes it’s the worst, with the flights often being at 2 a.m. or 3 a.m., but once you get there, it’s the best part of my job.”

In addition to their generous contributions of lei, the Hawaii Hotel Association also sponsors the annual Visitor Industry Charity Walk. The theme for this year’s charitable walk was “Mahalo to Our Troops.” Its proceeds went to programs such as the lei contributions.

“The community was appreciative of their efforts,” said Towill. “The next one will be on May 21 at Ala Moana Beach Park. We are cur-



Ruben Moreno

Two children play with a lei as they wait a redeployment ceremony.

rently working with the active and National Guard Soldiers and families in trying to identify some organizations that will most benefit military families and activities.”

MWR and the BOSS program extended a hearty “Mahalo” to Hilo Hattie and the Hawaii Hotel Association on behalf of the more than 9,000 thankful returning veterans of the 25th Infantry Division (Light), the Hawaii Army National Guard and the Hawaii Army Reserve, for Hilo Hattie’s and the association’s thoughtfulness and much-appreciated generous contributions.

(Editor’s Note: For more information on the Visitor Industry Charity Walk, go to www.charitywalk.org.)

News Briefs

“Click It or Ticket” — From Wednesday through June 5, law enforcement officers across the nation will increase enforcement of state safety belt laws as part of the nationwide Click It or Ticket campaign. The goal of this effort, which has the full endorsement of the Army's senior leadership, is to boost safety belt use rates and reduce fatalities.

This year's campaign places special emphasis on large audiences of teens and young adults (especially men) who are least likely to buckle up and most likely to die in a car crash.

The Army is experiencing the majority of its privately owned vehicle accidents with young adults from ages 18 to 34.

Prayer Service — The community is invited to join Fort Shafter chaplains for a ceremony of prayer and remembrance, Thursday, May 26, from 12 to 12:20 p.m. at Fort Shafter's Palm Circle gazebo.

For more information, call Chaplain (Maj.) Russell at 438-2546.

Memorial Day Remembrance — The 25th Infantry Division (Light) and U.S. Army, Hawaii, will conduct a Memorial Day Remembrance Ceremony at the Schofield Barracks Post Cemetery on May 30 at 11:30 a.m. The uniform for this observance is

Class B, with awards and decorations, for military personnel, and aloha attire for spouses and civilians.

Call Sgt. Maj. Tim Stampley, G-3 Operations, at 655-8711 for more information.

Commissary Closing — In observance of the Memorial Day holiday, the Schofield Barracks Commissary will open at 9 a.m. and close at 6 p.m. on Monday, May 30. The store will resume normal business hours on Tuesday, May 31.

For more information, contact Jay Felton at 655-0633.

USAPACOM Survey — Military families with children in Hawaii public schools are reminded to complete their mailed customer satisfaction surveys or an online version at www.web.srg.com/hawaiischools no later than May 31. Call 477-2543 for more details.

Health Care Recruiting — Sgt 1st Class Charles W. Bradshaw, program manager for the AMEDD Enlisted Commissioning Program, will give briefings on the Interservice Physician Assistant Program and the AMEDD Enlisted Commissioning Program, June 2 at Sergeant Smith Theater, at 10 a.m. and 1 p.m.

All ranks and specialties are invited to attend. For more details, contact Sgt. Maj. Jimenez at 655-6184.

Operation Tribute to Freedom — The Operation Tribute to Freedom (OTF) Web site is a Department of the

Army program designed to honor Soldiers, especially those returning from Operations Iraqi Freedom, Operation Enduring Freedom and Operation Noble Eagle.

OTF identifies opportunities that give the American public a chance to salute the individual Soldier and to better understand his or her military experience. The Web site <http://www.army.mil/otf> provides a weekly list of feature story and recognition opportunities for Soldiers and members of the Army family.

Officers' Fellowship — All officers' are invited to the island-wide Officers' Christian Fellowship Picnic, Saturday, June 4 from 4 – 7 p.m. at Fort Kam Housing Area, Hickam Air Force Base. Call Rick or Linda Sanders at 422-0015 for more details.

UH Returning Students — Students returning from active duty to the University of Hawaii will not be penalized for their absence according to a newly adopted UH policy. In March, State Rep. K. Mark Takai requested that UH consider a policy to allow for returning service members to continue their education without interruption. Hence, they will be allowed to enroll as a continuing student during the next registration period.

The university will provide a full refund of all tuition and mandatory fees to U.S. military personnel on active duty and their authorized family members who withdraw from any UH campus for reasons related to military

deployments. For more details, call Dr. Doris Ching at 956-8753 or Takai at 330-6275.

Hawaii Army Report — Tune in to the Hawaii Army Cable Network, TV-2, for the Hawaii Army Report, a biweekly television newscast covering the Army team in Hawaii. This program is produced by the 25th Infantry Division (Light) and U.S. Army, Hawaii, Public Affairs Office and TV-2. (See page B-2 of the Hawaii Army Weekly for the HACN TV-2 schedule.)

Army Emergency Relief — It's not too late to consider making a voluntary contribution to your Army community AER fund. Your contribution is important to individuals with emergency needs.

Monetary donations are accepted at any time. Call 655-2383 for details.

Harley-Davidson — Currently, Harley-Davidson motorcycle companies are extending product warranty coverage for military personnel deployed in the war in Iraq and Afghanistan.

“If their motorcycle is under warranty, Harley-Davidson will provide an extension equal to the number of days they were deployed,” said Joseph Nicolai, owner of Pacific Harley-Davidson in Honolulu. “Since these brave young men and women have been unable to ride during their deployment, we think it's only fair to extend their factory warranty.”

Call Nicolai at 831-2600 for more information.

115th and 500th Military Intelligence to become one

Staff Sgt. Twana Atkinson
115th Military Intelligence Group

The 115th Military Intelligence Group and 500th Military Intelligence Brigade will undergo a key change on June 3 at 10 a.m., when the two organizations become one at a relinquishment of command and re-subordination ceremony at Sills Field, Schofield Barracks.

Col. Benjamin D. Lukefahr, commander, 115th MI Group, will pass the colors and relinquish command of the unit to Col. James A. Phelps, commander, 500th MI Brigade. The ceremony represents the birth of a new organization that combines the capabilities and resources of both the 115th and 500th commands and also signifies the conversion of the 115th to a provisional military intelligence battalion.

Change to a provisional battalion does not mean a change in force structure for the unit, so the Soldiers and civilians of the former 115th will remain in place and continue their mission of supporting the Pacific area of responsibility and the Global War on Terrorism.

For administrative purposes, the newly combined command will be called the 500th MI Brigade, under the command of Phelps. Lukefahr will remain in Hawaii in his new job as the chief of staff of the Kunia Regional Security Operations Center.

(Editor's Note: For more on the 115th Military Intelligence Group, contact the 115th public affairs office at 655-1901.)

Lingo

From A-3

Hawaiians, service-disabled veterans and the socially-disadvantaged. He said that the latter category includes individuals who are presumed to have been socially disadvantaged and subject to racial or ethnic prejudice or cultural bias. This group includes Black Americans, Asian-Pacific Americans, subcontinent Asian-Americans, Hispanic Americans and Native Americans (including native Hawaiians).

The SBA provides opportunities for economically disadvantaged small businesses to compete for and win federal contracts, Youth explained. This group includes individuals whose ability to compete in free enterprise is impaired by diminished capital and credit. To be considered an economically disadvantaged business or individual, net worth cannot exceed \$250,000 at the time of

application.

Mary Spencer, also of the SBA, reiterated Kaji's admonition that subcontractors must register online with the Central Contract Registry (at the Web sites <https://www.ccr.dlis.dla.mil/> or <https://www.ccr.dl.is.dla.mil/>) in order to compete for federal contracts. Small businesses desiring to work with the Army should know the marketplace they plan to enter, she stressed, and be competitive, persistent and patient in their pursuit of federal contracts.

Finally, Spencer added, small businesses should be Internet savvy and know the government contracting and small business Web sites.

Clarke wrapped up the morning seminar with an outline of the mission of PTA and the latest information on how transformation will affect

PTA and the Big Island, especially business opportunities for local subcontractors.

The morning seminar ended with a subcontractor's fair. Representatives from six businesses currently doing business with the Army were on hand. One of the six, Kiewit Pacific, has been the prime contractor for the new Saddle Road on the Big Island. Another — Nan, Inc. of Honolulu — has been the contractor responsible for the renovation of Quad C and F on Schofield Barracks. Those projects cost \$56.2 million and \$48.4 million respectively.

Jocelyn Peralta, Nan's office manager, said that approximately 50 percent of the firm's site work is performed by subcontractors. They especially look for subcontractors to perform electrical and plumbing work, she explained.

Upcoming leadership changes announced

Compiled by Public Affairs
25th Infantry Division (Light) and U.S. Army, Hawaii

The 25th Infantry Division (Light) and U.S. Army, Hawaii, community is invited to attend the multitude of change of command ceremonies taking place in May and June.

The change of command ceremony is a time-honored tradition that formally symbolizes the continuity of authority when a command is passed from one commander to another.

Local ceremonies will be preceded by an awards ceremony, 15 minutes prior to the change of command.

The following ceremonies will be held at Sills Field, Schofield Barracks.

(Editor's Note: Information listed is subject to change. Times are the start time for each change of command ceremony.)

Upcoming Ceremonies

May 25, 10 a.m., 2nd Brigade

Col. Lloyd Miles will relinquish command to Col. Stefan Banach.

May 25, 2 p.m., 1-62 Air Defense Artillery Inactivation

Lt. Col. Stephen M. Christian will inactivate the battalion and regimental colors.

June 2, 10 a.m., 1st Battalion, 21st Infantry Regiment

Lt. Col. Mark Dewhurst will relinquish command.

June 3, 9 a.m., 115th Military Intelligence Brigade

Col. Lukefahr will redesignate command.

June 6, 10 a.m., 125th Signal Battalion

Lt. Col. Bevan Daley will relinquish command to Lt. Col. Anthony Farris.

June 6, 2 p.m., Brig. Gen. Bernard S. Champoux, outgoing assistant division commander (support), will be honored in a Flying V ceremony.

June 7, 10 a.m., 1st Battalion, 14th Infantry Regiment

Lt. Col. David Miller will relinquish command to Lt. Col. Robert M. Mundell.

June 7, 2 p.m., 2nd Battalion, 11th Field Artillery

Lt. Col. Joseph R. Connell will relinquish command to Lt. Col. Stephen Myers.

June 8, 10 a.m., 1st Battalion, 25th Aviation Regiment

Lt. Col. Michael D. Lundy will relinquish command to Lt. Col. James Barker.

June 9, 10 a.m., 2nd Battalion, 27th Infantry Regiment

Lt. Col. Walter Platt will relinquish command to Lt. Col. Drew Meyerowich.

June 9, 2 p.m., 325th Forward Support Battalion

Lt. Col. James Hess will assume command.

June 13, 10 a.m., 25th Aviation Brigade

Col. B. Shannon Davis will relinquish command to Col. Arthur Ball.

June 14, 10 a.m., 2nd Battalion, 35th Infantry Regiment

Lt. Col. Michael McBride will relinquish command to Lt. Col. Michael Browder.

June 14, 2 p.m., 3rd Battalion, 7th Field Artillery

Lt. Col. Clarence Neason will relinquish command to Lt. Col. Jack Pritchard.

June 15, 10 a.m., Division Artillery

Col. Gary Cheek will relinquish command and 25th Field Artillery Detachment and Battery F, 7th Field Artillery, will inactivate.

June 15, 2 p.m., 30th Signal Battalion

Lt. Col. Lynne Daley will relinquish command.

June 16, 10 a.m., 556th Personnel Support Battalion

Lt. Col. Patrick M. Rice will relinquish command to Lt. Col. Bruce Jenkins.

June 21, 2 p.m., 125th Military Intelligence Battalion

Lt. Col. James D. Lee will relinquish command to Lt. Col. Patricia Frost.

June 22, 10 a.m., 3rd Brigade

Col. Richard Pedersen will relinquish command to Col. Patrick Stackpole.

June 24, 10 a.m., 2nd Battalion, 5th Infantry Regiment

Lt. Col. Terry Sellers will relinquish command to Lt. Col. Malcolm Frost.

June 24, 2 p.m., Defense Information Systems Agency, Pacific

Col. Gilbert A. Griffin will relinquish command to Col. Charles D. Dean.

June 28, 10 a.m., 725th Main Support Battalion

Lt. Col. Derek S. Smith will relinquish command to Lt. Col. Aimee Kominiak.

June 30, 10 a.m., 65th Engineer Battalion

Lt. Col. Andrew V. Jasaitis will relinquish command to Lt. Col. Bryan Truesdell.

July 6, 10 a.m., Fort Shafter, 29th Engineer Battalion

Lt. Col. Steven Miles will relinquish command to Lt. Col. Christopher Benson.

July 7, 10 a.m., 225th Forward Support Battalion

Lt. Col. Flem B. Walker Jr. will relinquish command to Lt. Col. Charles Gibson.

July 8, 10 a.m., Pohakuloa Training Command

Lt. Col. Fred S. Clarke will relinquish command to Lt. Col. Kimberly A. Rapacz at the PTA Headquarters Building.

July 11, 10 a.m., Brig. Gen. Francis J. Wiercinski, incoming assistant division commander (support) will be honored in a Flying V ceremony.

July 12, 10 a.m., 125th Finance Battalion

Lt. Col. Domenico Rossi will relinquish command to Lt. Col. Roosevelt Corpening.

July 14, 10 a.m., 84th Combat Engineer Battalion

Lt. Col. Jeffrey Eckstein will relinquish command to Lt. Col. Richard Toy.

TBD, 516th Signal Brigade

Col. Brian J. Donahue will relinquish command to Col. Edric A. Kirkman.



Photos by 1st Lt. Terrence D. Burke

Combined Military Band Concert

HONOLULU — A Combined Military Band Concert — which showcased the best musicians from each of the five services on Oahu in a rare concert featuring Broadway musicals, marches, classics and pops — was held at the Hawaii Theatre last Saturday. The bands took time to pay tribute to Hawaii's military who have fallen during the Global War on Terrorism. The free concert was part of Hawaii's Military Appreciation Month celebrations, open to the general public.

Award

From A-1

prior to deploying made a difference for the Soldiers when they got their boots on the ground, he said. But the challenge didn't end there.

For most of the year, the unit's personnel and equipment were spread out over several different forward operating bases in remote areas of the country.

Operating over such a vast area challenged the procedures and systems the unit had in place to logistically outfit the battalion's personnel operating in the field, said Feliciano. "We made it happen," said Feliciano of the operational challenge, which is one of more than 20 areas rated by the review board.

To enter the competition, Feliciano submitted a packet up the chain of command.

"The packet speaks for itself," said Neason.

In a narrative format, the packet describes the unit's community projects, safety programs, mission requirements and operational readiness. When the packet reached U.S. Army, Pacific, the battalion's major command (MACOM), representatives selected the packet to represent it at the Department of the Army-level competition.

The MACOM can only nominate three units, one in the small category



Courtesy Photo

Soldiers from the 3rd Bn., 7th FA Rgt., maintain their proficiency on the MK-19 grenade launcher during their time in Afghanistan. The unit performed a variety of roles in Afghanistan, which qualified it as a unit of excellence.

ry of 1-100 personnel, one in the medium category of 101-300 personnel and one in the large category of 301 or more personnel.

This is the second consecutive year 3rd Bn., 7th FA Rgt., has been

selected at the MACOM level. The unit has a history of working hard to accomplish the mission to the highest possible level.

Last year, the unit placed third in the DA-level competition.

Package

From A-1

ness to serve and protect our nation, but we also recognize the disruption to their personal and professional lives."

The highlights of the package include the following:

- Establishment of the Hawaii Medal of Honor, in appreciation for military personnel with Hawaii ties who are killed in action since 2003.
- Requirement that the University of Hawaii allow readmission to military members who have been deployed.
- Authorization for the state to deposit the uniform maintenance allowance into a financial institution designated by an enlisted member of the National Guard.
- Relaxation of the



Department of Commerce and Consumer Affairs licensing restoration requirements for those who are deployed during state or national crisis.

•Funding for the Hawaii 3R's program, the Tuition Assistance program, casket liners to address soil problems at the Hawaii State Veterans Cemetery, and to publish a Hawaii Veterans' newsletter

"With the passage of this legislative package, Hawaii continues its proud tradition of honoring those who serve our country," said

Senator Norman Sakamoto, chairman of the Senate committee on Education and Military Affairs. "America is stronger and safer because of the brave men and women who serve in the military. We are grateful for their sacrifices, and we want to support them in any way we can."

The major capital improvement projects include \$18,228,000 for a long-term veterans care home at the Hilo Medical Center, and \$4,400,000 for the Keaukaha Military Center, a complex for Soldiers, airmen, veterans and retirees, including an

expanded PX, commissary and office for veterans' affairs.

"The military appreciation bills were among our priorities this session," said Representative Ken Ito, chairman of the House committee on Public Safety and Military Affairs. "We want our service men and women to know that they are a stronghold of our community."

"We live in freedom and relative security because of their efforts," he added. "The Legislature will continue to address issues facing our military members and their families."



Sgt. Phillip Chang

Lt. Gen Karl W. Eikenberry gives his welcome speech to a diverse audience in Afghanistan while a steady rain falls during the change of command ceremony.

Eikenberry takes reins of CFC-A

Story by Pfc. Vincent C. Fusco
20th Public Affairs Detachment

CAMP EGGERS, Afghanistan — Lt. Gen. Karl W. Eikenberry assumed of command of Combined Forces Command-Afghanistan from Lt. Gen. David W. Barno during a change of command ceremony as a steady rain fell here May 3. The wet weather was welcome in the country suffering from more than six years of drought.

Command Sgt. Maj. Cynthia Pritchett led the formation representing Combined Joint Task Force-76, the Office of Military Cooperation-Afghanistan, Task Force Phoenix and Combined allies.

Eikenberry served for a year as the U.S. security coordinator and chief of the Office of Military Cooperation in Kabul, working to set up the ANA before leaving the country in September 2003. He will work with the Afghan government to support the upcoming parliamentary elections.

"Our mission will continue in the same direction ... working with the United Nations, Coalition forces, and most importantly, the Afghan government," said Eikenberry.

CFC-A is comprised of more than 18,000 troops: 16,700 U.S. service members and 1,600 personnel from 22 allied nations who conduct full-spectrum operations, from combat to humanitarian activities, to defeat terrorism and establish enduring security in the country.

"We will continue to prosecute the war against terror in partnership with the Islamic government of Afghanistan and be relentless as we move forward," said Eikenberry. "So much has been accomplished, and so much has to be done."

Eikenberry's last assignment was duty as the director for strategic planning and policy for U.S. Pacific Command. He has published numerous articles on U.S. military training, tactics and strategy.

BRAC

From A-1

bilities in the Pacific Region.

The 25 ID (L) and USARHAW recognize the importance of the local community and will continue to build on the trust and outstanding relationships developed over the years, as it proceeds with transformation.

The Secretary of Defense's BRAC recommendations are not final. The BRAC Commission, the President and Congress must approve them before they can be implemented.

For current information on BRAC and how it affects installations nationwide, visit the DoD BRAC Web site at www.dod.mil/brac and the Army BRAC Web site at <http://www.hqda.army.mil/acsim/brac/braco.htm>.

(Editor's Note: For more on BRAC, see page A-10, and A-12 through A-13.)

Soldiers adopt children near Charikar

Story and Photos by Sgt. Adrian Schulte
Combined Joint Task Force-76

BAGRAM AIRFIELD, Afghanistan — One of the easiest and most effective ways U.S. Soldiers can win the hearts and minds of Afghans is through children. Troops from Headquarters and Headquarters Company, Combined Joint Task Force-76, got a chance to win the hearts and minds of young Afghans, May 9, during a trip to an orphanage and all-girl school.

The troops, most of whom are based out of the Southern European Task Force on Caserma Ederle in Vicenza, Italy, visited the side-by-side installations in Charikar, a village near Bagram Airfield. While there, they handed out school supplies, toys and clothing to the kids.

The HHC Soldiers adopted the two installations taking donations from various individuals, groups and organizations from their home stations and the States. The school and orphanage were adopted by the previous HHC troops that the CJTF-76 troops relieved in March. The last time they visited, however, was November.

“So we decided to head out there and check it out,” said 1st Lt. Tim Benedict, executive officer Headquarters and Headquarters Company, Combined Joint Task Force-76, who helped orchestrate the event. “[We] went out two weeks ago, to find out what they needed, how many kids they have and to see what we could do for them.”

Benedict also linked up with base operations on Bagram to get a bigger picture of what schools and orphanages in the area needed help the most.

“These were two that

were in need while we are here,” Benedict said. “Possibly, we can pick up more down the road.”

Along with humanitarian supplies, the Headquarters Soldiers also hope to help the school officials patch up some of the damaged areas of the building. Benedict said he hopes to bring a medical mission out to the school and orphanage, allowing the kids to receive some health care.

The Soldiers will visit the school and orphanage an average of twice a month, Benedict said. Sometimes with just the core members of the Headquarters platoon, other times with other Soldiers from the Headquarters.

Many Soldiers working in the joint operations center on Bagram, rarely get to venture beyond the wire to see the effects of their work in the Headquarters. These trips by the Headquarters company allow those Soldiers to interact with locals and take part in a mission.

“The reason I open it up to everyone in HHC is because people who might just be sitting at a desk the whole time, and never get to get out and see Afghanistan, see what we are doing to help these people,” Benedict said. “I want to give them a chance to come along and feel like they are contributing.”

The chance to interact with Afghans, especially young ones, is not lost on the Headquarters Soldiers.

“I liked the way the kids were excited to see us and what we were able to do for them, the little we get to do,” said Spc. Nadia Avila, a tactical communications specialist who works out of the joint operations center. “The most rewarding thing is the look on their faces and the things they ask. You realize how much you take advan-



“I liked the way the kids were excited to see us and what we were able to do for them.”

*Spc. Nadia Avila
Tactical Communications
Specialist*

tage of.”

Benedict hopes to give some of these kids an opportunity they may have not had before.

“Obviously, we want to make their lives better, but that is going to take years,” Benedict said. “But anytime we see their faces lighten up because they got a new toy or anytime there is a positive impression from an American or the foreign community in general, anything that we can do to make a lasting impression in these kids, it’s all worth the effort.”



Above — CWO Janet Martin, CJTF-76 property book officer, receives a flower from a young Afghan orphan during a humanitarian trip to an all-girl school and orphanage in Charikar village near Bagram Airfield May 9.

Left — Maj. Brian Ryder, CJTF-76 logistics maintenance chief, hands out school supplies to a young Afghan girl during the humanitarian mission at the Charikar orphanage.

Soldiers compete to be named best of best

Story and Photos by
Sgt. Sean Kimmons
Editor

Winners from brigade and separate battalion Soldier and Noncommissioned Officer of the Year competitions recently went head to head for the chance to be named the best in the 25th Infantry Division (Light) and U.S. Army, Hawaii.

Soldiers were graded on their weapons qualification; physical training, or PT, test; and land navigation. The recommendations of a board headed by the Division command sergeant major during the two-week competition were also considered.

Spc. Jaclyn E. Kloiber, an executive assistant for Headquarters and Headquarters Battery, 1st Battalion, 62nd Air Defense Artillery, won the Soldier of the Year competition, while Staff Sgt. Le Que Pride, a nuclear, biological and chemical NCO with the 71st Chemical Company, took NCO of the Year honors. Kloiber competed with three other Soldiers, as Pride went up against five other NCOs.

“It allows Soldiers that have the initiative and drive to compete in an environment that places them ahead of their peers,” Sgt. Maj. Tim Stampley, the G-3 sergeant major for 25th ID (L), said about the Soldier and NCO of the Year competitions. “At the same time, it gives the Division visibility on their very best Soldier and NCO,” Stampley added, whose G-3 office helps run the competition.

Besides the competition’s final results, Stampley said, every competitor who participated in the



Kloiber



Pride



Top and Right — Spc. Jaclyn E. Kloiber, an executive assistant for HHB, 1st Bn., 62nd ADA, and who won this year’s 25th ID (L) and USARHAW Soldier of the Year competition, answers questions during a board May 11 at the Post Conference Room, Schofield Barracks. Seven command sergeant majors, including Command Sgt. Maj. Franklin Ashe, fielded the board questions.

Left — Sgt. 1st Class Darrell Wilson (right), a platoon sergeant with 71st Chem. Co., makes sure Spc. Dennis O’Connor, a chemical operations specialist, looks good before going into the Soldier of the Year board.

“The competition is extremely tough, and it’s a lot of work for the Soldiers who have other responsibilities,” Stampley said. “These Soldiers push harder, even off-duty, to study and to be physically

fit. They hone in on all the different skills to be the best, and it’s a lot of time on their behalf that they put in to compete.”

Kloiber said the most challenging part of the competition was performing at her best.

“It’s really you against yourself,” she said.

Even though the competition’s events seemed nerve racking at times for Kloiber, she said it was a great experience before she ever found out that she won.

“I feel that I have perfected my Soldiering skills,” Kloiber said, adding that the competition provided self-improvement.

Kloiber and Pride were formally recognized for their Soldier and NCO of the Year titles during a luncheon Monday at the 2nd Brigade dining facility at Schofield Barracks.

Next month, Kloiber and Pride will represent the Division and USARHAW in the U.S. Army, Pacific, Command Soldier and NCO of the Year competitions. If they succeed there, they’ll represent USARPAC in the Department of the Army competitions.

competition was viewed as a winner.

“They’ve won previous boards — and to represent their unit alone entitles them to be called the unit’s best Soldier,” he said

about the Soldiers’ past accomplishments.

And because this competition was full of champs, it proved to be a demanding challenge on top of the Soldiers’ daily workloads.

Division’s ‘First Lady’ honored at farewell

Story and Photo by
Joy Boisselle
Staff Writer

WAHIAWA — Goodbyes, though a frequent part of military life, are never easy. Such was the case Monday, when nearly 150 well-wishers gathered to farewell and honor Vicki Olson, wife of Maj. Gen. Eric T. Olson, commander, 25th Infantry Division (Light) and US Army, Hawaii, at the Helemano Plantation here.

Sponsored by the Hui O Na Wahine, the Schofield Barracks spouses club, the evening began with a traditional receiving line, progressed to entertainment and remarks, and concluded with a presentation of gifts. At times, the emotional event used well-received humor to lighten the underlying sadness of Olson’s impending departure.

While numerous people took part in planning the festivities, Grace Jacoby and Mary Sue Champoux, spouses of the assistant division commanders, played a pivotal role in organizing the event.

Jacoby said, “Everybody here [at the farewell] knows Vicki and came because they love her. Many of us have been with her for the past three years, and it makes this farewell really special.”

She added, “Everybody thinks Vicki is the norm, but she is not the norm — she is unusual and does things that no one else even thinks about doing.

“Vicki led by example, and through the deployment she worked everyday towards being supportive of Soldiers and families,” Champoux said about the impact Olson had over the past three years. “Even with my 27 years around military service, she was a role model to me. I will miss her friendship, mentorship and just being around her. She embodies the military wife and brings out the best in everybody.”

An evening highlight was a video snapshot of Olson’s military life with emphasis on her three years of contributions to the Division and surrounding community. In recognition of that service, organizers presented her with a framed watercolor of her home on General’s Loop.

In her introduction of Olson, Jacoby said, “We will never have somebody like her again. She is the most self-sacrificing person I have ever met.

“When she asks you to do something, you can’t say ‘no’ because she is usually standing shoulder to shoulder doing the same thing with you,” Jacoby continued. “She is there, she leads by example and she leads from the front.”

Directing her final words to Olson, she said, “Schofield Barracks is a better place to live, work and educate our children because of your efforts. We will never be able to replace you, we will miss you and we can’t thank you enough.”

During her remarks, Olson thanked her many supporters, including community leaders, Army Community Service, and Army Hawaii Family Housing. But, she directed the bulk of her thanks to the military spouses in the division.

To the battalion commander and command sergeants major spouses, she said, “I have never seen a group like this in the world. You are extraordinary and were meant to be here during a very special time in the history of the Tropic Lightning Division.”

To volunteers, she said, “I have seen almost all of you involved in something, and that’s what makes communities special. Changes that have occurred over the last

three years are because of you all.

“You were there for each other during a very difficult time, and you showed other wives how you can do it — how talented and resourceful military wives are.”

Affection, admiration and respect underscored the remarks of attendees. They used words like awesome, incredible, tireless, supportive, tough and, maybe most significant, friend to describe Olson’s impact on individuals, organizations and the military and civilian communities that she served.

“She has been a wonderful mentor and very involved in making sure organizations like the Hui O Na Wahine

and thrift store flourished and were able to give back to the community,” said April Pedersen, Hui O Na Wahine member and wife of the 3rd Brigade commander.

“I am here to honor Mrs. Olson and all the things she has done to help out spouses, especially during the deployment. She also was a real special help to us at AHFH, helping to identify the needs of families, and we appreciate that,” said Harry Jackson, vice president of Actus Lend Lease representing Army Hawaii Family Housing.

“During the deployment, I think Vicki’s guidance and leadership brought everyone together,” said Judi Dew-

hurst, wife of 1st Battalion, 21st Infantry Regiment commander, Lt. Col. Mark Dewhurs.

“We were just one big team working together to help Soldiers and families.”

Summing up the crowd’s prevailing sentiments was Mary Garza, wife of Sgt. Maj. Frank Garza.

Garza said, “Vicki is a fabulous advocate for all the women, the families and our quality of life. She constantly tried to improve things for us no matter who we are. She just fights for all of us.”

With emotion underscoring her final words, Olson concluded the event saying, “Thank you for giving me a lifetime of memories.”



Vicki Olson, wife of Maj. Gen. Eric T. Olson, commander, 25th Infantry Division (Light) and U.S. Army, Hawaii, displays the framed watercolor of her home that she received during a farewell in her honor.

‘Medic up!’



Photos by Leslie Ozawa

Above — Sgt. 1st Class Wayne Hatcher of Headquarters and Headquarters Company, U.S. Army, Pacific, Command, signs off 30th Signal Brigade’s Staff Sgt. Isaac Shubert’s common task test performance sheet after briefing him about the M249 machine gun during recent CTT training.

Top — Tripler Soldiers (from left) Spc. Warren Frazier of the Pediatric Clinic, Pfc. Kristen Elminger of the Medical Oncology Clinic and Spc. Deidre Zapata, of the Pediatric Clinic, are coached by Sgt. Maria Jamieson, also of the Pediatric Clinic, as they practice removing a spinal injury victim dummy from a vehicle during CTT training.

Medical system will see changes too with BRAC

By Jim Garamone
American Forces Press Service

WASHINGTON — Defense officials have used the base realignment and closure process to transform the way military medicine operates.

Medical facilities will become more joint, they will consolidate where patients reside and they will become state-of-the-art.

“We want to rival Johns Hopkins or the Mayo Clinics,” said Dr. William Winkenwerder Jr., assistant defense secretary for health affairs.

Defense Secretary Donald H. Rumsfeld delivered his recommendations for base realignment and closure to the BRAC Commission, May 13. The medical recommendations are part of this process.

The recommendations mean changes to military medicine in the nation’s capital and San Antonio, as well as changes in many other military health facilities in the United States.

The major recommendation would establish the Walter Reed National Military Medical Center on the grounds of the Bethesda Naval Hospital in Maryland. It also will create a brand-new 165-bed community hospital at Fort Belvoir, Va. If approved, this will cost around \$1 billion, said Lt. Gen. George P. Taylor, Air Force surgeon general who headed the joint cross-service group that worked on DoD’s medical BRAC recommendations.

Army, Navy and Air Force medical personnel will staff both facilities. The current hospitals — Walter Reed Army Medical Center and Bethesda — are separated by just seven miles. They are the primary receiving hospitals for casualties from Iraq and Afghanistan.

“We believe the best way to do this is to place the facility on the Bethesda campus,” Taylor said.

In addition to housing the Walter Reed National Medical Center, the Bethesda campus will keep the Uniformed Services University of the Health Sciences. The

National Institutes of Health is also right across the street from the Bethesda facility.

“The facility is able to accommodate the in-patient activities at this location,” Taylor said.

Part of this recommendation would close the Army’s Walter Reed campus in Washington, D.C., and Malcolm Grow Hospital at Andrews Air Force Base, Md., would close its in-patient facilities and become a large, same-day surgery center.

“We know these types of joint medical facilities work,” Taylor said. “We have two of them today: Landstuhl Regional Medical Center in Germany has been staffed by Army and Air Force for more than 10 years. If you go to Balad Hospital in Balad [Iraq], it is Army and Air Force run.”

Changes would take place in San Antonio also. The two big medical platforms there are Brooke Army Medical Center at Fort Sam Houston and the 59th Medical Wing’s Wilford Hall Medical Center at Lackland Air Force Base.

Plans call for medical care to center at Brooke. It will become the San Antonio Regional Medical Center, and will be a jointly staffed, 425-bed center.

At Lackland, BRAC recommends building a world-class outpatient and ambulatory surgery center. The trauma center at Lackland will close, and Brooke will expand to handle the need.

San Antonio also will become the hub for training enlisted medical technicians of all services. Currently, the Army trains at Sam Houston, but the Air Force trains medics at Sheppard Air Force Base, Texas, and sailors train at

Great Lakes, Ill., San Diego, and Portsmouth, Va.

“All enlisted specialty training would be done at Fort Sam Houston,” Taylor said, adding the approximate student load would be about 4,500.

Aerospace medicine research will move from Brooks City Base (the one-time Brooks Air Force Base) to Wright-Patterson Air Force Base, Ohio. The Navy’s Aeromedical Research Lab will move from Pensacola, Fla., to Wright-Patterson also.

Overall, the recommendations will cost \$2.4 billion to build new facilities and capabilities. Once in place, the services will save \$400 million per year, officials said.

Thump, thump



Spc. Juan Jimenez

Jenniffer Polintan checks the heartbeat of Jakob Vandevander, 10 months, while his mother Stacy Vandevander watches on during his medical visit to the Family Care Clinic on Schofield Barracks, Tuesday.

BRAC will improve Army’s efficiency

By Eric W Cramer
Army News Service

WASHINGTON — The Army will close 15 major installations over the next six years and close or realign hundreds of small installations, including Army Reserve and National Guard facilities, if DoD Base Realignment and Closure recommendations released May 13 receive final approval.

In addition to closing these installations, the current plan would close 176 Army Reserve and 211 Army National Guard facilities. These will be replaced by 125 multicomponent Armed Forces Reserve Centers.

The changes are part of a total BRAC package expected to save the Department of Defense about \$50 billion over the next two decades, officials said.

Gen. Richard Cody, vice chief of staff for the Army, said the changes to the reserve component structure are designed to bring the Army Reserve and National

Slated for closure

Fort Monroe, Va.
Fort McPherson, Ga.
Fort Gillem, Ga.
Fort Monmouth, N.J.
Newport Chemical Depot, Ind.
Kansas Army Ammunition Plant, Kan.
Selfridge Army Activity, Mich.
Mississippi Army Ammunition Plant
Hawthorne Army Depot, Nev.
Umatilla Chemical Depot, Ore.
Lone Star Army Ammunition Plant, Texas
Red River Army Depot, Texas
Deseret Chemical Depot, Utah
Riverbank Army Ammunition Plant, Calif.
Charles E. Kelly Support Center, Pa.

Guard in line with the Army’s new modular, unit-of-action structure.

Lt. Gen. H. Steven Blum, chief of the Army National Guard Bureau, said changes in the Guard and Reserve centers will not only lead to better efficiency within the units, but will also lead to improved recruitment.

“We hope it will affect recruitment and retention in a positive

way,” Blum said. “By divesting ourselves of some of the more remote facilities and moving to areas with better demographics, it should allow for positive change.”

The BRAC proposal also calls for a change in location for a number of large commands and Army functions. Among these is the relocation of the Armor Center, currently at Fort Knox, Ky., to Fort Benning, Ga., to become part of a new Maneuver Center there.

“What Knox gets in return,” Cody said, “is we’ll activate a modular brigade combat team there. Accessions Command will go there and the Cadet Command. Human Resources will move out of [leased] space and go to Fort Knox. We’re also moving an air defense artillery brigade from Fort Bliss, Texas, to Fort Sill [Okla.] to create a Fires Center.”

Training and Doctrine Command will move from Fort Monroe, Va., to Fort Eustis, Va., as Fort Monroe closes under the current BRAC proposal, Cody said.

Among many other changes, the BRAC proposal accomplishes the following:

- Relocates Army Materiel Command headquarters to Redstone Arsenal, Ala.

- Relocates the 7th Special Forces Group from Fort Bragg, N.C., to Eglin Air Force Base, Fla.

- Relocates Forces Command Headquarters and U.S. Army Reserve Command to Pope Air Force Base, N.C.

- Stations Third Army headquarters with the Air Force component of U.S. Forces Central Command at Pope Air Force Base, N.C.

- Moves the Installation Management Agency headquarters to Fort Sam Houston, Texas.

- Activates modular BCTs at Fort Bliss, Texas; Fort Bragg, N.C.; Fort Knox, Ky.; and Fort Riley, Kan.

- Creates a new medical hospital and research facility, the Walter Reed National Military Medical Center in Bethesda, Md., and builds a new 165-bed hospital

at Fort Belvoir, Va.

Whether these changes are approved depends on actions by the BRAC commission, said Michael Wynne, assistant undersecretary of defense for acquisition, technology and logistics.

The commission, made up of former legislators and military experts, will forward its recommendations to the president after reviewing the DoD recommendations. It must take action by Sept. 8. The President will then have until Sept. 23 to accept or reject the recommendations in their entirety. If accepted, Congress then has 45 days to reject the recommendations before they become binding.

Specific changes must begin within two years of the recommendation’s acceptance, and must be complete within six years, without interrupting ongoing operations, Wynn said.

(Editor’s Note: For more see www.hqda.army.mil/acsim/brac/braco.htm, and www.defense.link.mil/brac/.)

Rumsfeld recommends cuts of five to 11 percent in infrastructure

By Jim Garamone
American Forces Press Service

WASHINGTON — Defense Secretary Donald H. Rumsfeld’s recommendations to the Base Realignment and Closure Commission would cut excess military infrastructure between 5 and 11 percent, Rumsfeld said during a Pentagon news conference May 13.

“The department is recommending fewer major base closures than had earlier been anticipated, due in part to the return of tens of thousands of troops through our global posture review, and also due to decisions to reduce lease space by moving activities from lease space into owned facilities,” Rumsfeld said.

But more than simply eliminating infrastructure, the BRAC round will allow the U.S. military to reorder itself to face the new threats of the 21st century, the secretary added.

“In 1961, President Kennedy took office and found a U.S. defense establishment

that was still largely arranged to re-fight World War II,” Rumsfeld said. “He ordered an extensive consolidation of bases to meet the challenges of the Cold War.”

DoD finds itself in the same situation. The department is using the BRAC round to change an infrastructure more attuned to the Cold War to meet “the new demands of war against extremists and other evolving 21st century challenges,” Rumsfeld explained.

The chairman of the Joint Chiefs of Staff, Air Force Gen. Richard B. Myers, said BRAC gives the military the opportunity “to increase our combat efficiency and effectiveness, and return our forces to the deployable force structure, thereby reducing stress on the force.”

Many BRAC recommendations will ease stress on service members by allowing the military to provide modern, world-class facilities and more efficient and joint organizations, the chairman said.

The secretary emphasized

that the prime factor in each BRAC recommendation is an assessment of an installation’s underlying military value.

“In a time of war, whenever we can find ways to increase support for military needs to help the warfighters, we should do no less,” he said.

Previous BRAC rounds — in 1988, 1991, 1993 and 1995 — eliminated 21 percent of excess U.S. military infrastructure and reallocated many billions of dollars to pressing military needs.

“This year’s recommendation ... should result in some \$5.5 billion in recurring annual savings, a net savings of \$48.8 billion over 20 years,” Rumsfeld explained.

“When combined with the proposed changes to U.S. global posture, that projected 20-year net savings increases from \$48.8 billion to \$64.2 billion, or some \$6.7 billion per year.”

The BRAC process began more than two years ago. Senior civilian and military leaders looked at how to close

and realign current infrastructure to maximize warfighting capability.

Both Rumsfeld and Myers thanked the many civilian and military personnel who worked on the closure and realignment process.

Officials said base closings and realignments are hard on the communities affected by the changes. Rumsfeld pledged to help the communities and workers that will be displaced by the process.

“The department will take great care to work with these communities, with the respect that they have earned, and the government stands ready with economic assistance,” Rumsfeld added.

Future trek



Photo Courtesy of the U.S. Army

A small, unmanned (manpackable) robot like the one pictured is being used in Iraq and Afghanistan to detect mines and explosives. The Future Combat Systems program continually develops doctrine, training and prototypes to maintain an “overwhelming military advantage against the ever changing and evolving threats of the 21st century.” To learn more, surf <http://www.army.mil/fcs/index.html>.

Army now offers 15-month enlistment option

By U.S. Army Recruiting Command Public Affairs
Army News Service

FORT KNOX, Ky. — A 15-month-plus Army enlistment option is now available nationwide for 59 occupational specialties, allowing recruits a choice of following military duty with service in a program such as AmeriCorps or the Peace Corps.

The U.S. Army Recruiting Command announced last week a nationwide expansion of its “15-Month Plus Training Enlistment Option,” a program USAREC officials said was designed to promote and facilitate military enlistment in support of national service.

The 15-month-plus enlistment option was first implemented in October 2003 as a pilot program in 10 of the Army's 41 recruiting battalions.

How it works

Applicants enlisting for this program incur an eight-year military service obligation. The obligation consists of 15 months of active duty, after completion of basic and advanced individual training, and 24 months of satisfactory participation as an active drilling member in the Army Reserve or National Guard. Soldiers have the option of serving the remainder of their eight-year obligation in one of three ways:

- As an active drilling member of the Army Reserve or National Guard.
 - As a member of the inactive Individual Ready Reserve, known as the IRR.
 - As a member of a National Service Program designated by the Secretary of Defense (such as AmeriCorps or the Peace Corps).
- Soldiers in the program also have the option of re-enlisting to remain on active duty, USAREC officials said.
- Recruits who enlist for the 15-month-plus training option will be eligible to select one of the several enlistment incentives.
- There are several incentive available.
- A cash enlistment bonus of \$5,000 payable upon com-

pletion of the initial active-duty obligation.

- Student Loan Repayment of up to \$18,000.

- A monthly education allowance for up to 12 months (currently \$816 per month).

- A monthly education allowance for up to 36 months (currently \$408 per month).



Sgt. Phillip Chang

Six more years

KABUL, Afghanistan — Staff Sgt. Daisy C. Bueno (far left) and Spc. Brianna K. Young-Navarro, both of 117th Mobile Public Affairs Detachment, re-enlist for six more years in the Army National Guard, May 6. Both Soldiers are residents of Hawaii.



COMMUNITY & SPORTS

Friday

B-1

May 20, 2005



Spc. Chris Stump

Divers enter the water in Shark's Cove on Oahu's North Shore. The cove boasts calm surf most of the year, perfect for snorkeling and diving.

SHARK'S COVE

Oahu's North Shore provides snorkel and dive opportunities

Sgt. Frank Magni

A boy plays in a tide pool at Shark's Cove. The cove's calm water affords a safe place for families to snorkel, dive and play.

By Spc. Chris Stump
17th Public Affairs Detachment

PUPUKEA — As many Hawaii-based service members return from combat deployments in the sands of the Middle East, they now have the opportunity to play in another type of sand and enjoy island life unique to their duty station.

Snorkeling and exploring what's beneath the blue ocean that surrounds the Hawaiian Isles is just one of the many ways military personnel and their families here can relax and enjoy an inexpensive activity.

Shark's Cove, on Oahu's scenic North Shore, is one place where service members and their families can enjoy a day and explore another dimension of the island.

Shark's Cove was named by scuba

divers who used the site to enter the ocean. They said the area looks like a shark when viewed from above. Contrary to the name, there are no more sharks in the cove than anywhere else on Oahu.

Located just 20 miles north of Schofield Barracks and 1.5 miles past Waimea Bay, Shark's Cove is simple to find: Just past a quaint local surf shop and across from a grocery store, the sea life of Shark's Cove awaits curious visitors.

Shark's Cove offers a special opportunity to view an array of colorful fish and other ocean wildlife in natural reef and rock formations.

With all the natural opportunities offered to those in uniform in Hawaii, recreation centers — like the Outdoor Recreation Equipment Center on Schofield Barracks — can help any novice

enjoy the cove by providing the necessary equipment.

"We rent just about everything you would need for a day at the ocean," said Juan Sponberg, the center's manager. "We have pretty reasonable prices that anyone can afford," he added.

The center offers daily and weekend rental rates on snorkeling equipment. For a mask, snorkel and fins, the daily rate is \$5 and \$13.50 for weekends.

Recommendations for those planning a trip to Shark's Cove involve paying close attention to the weather and tide information that can be found on any local news broadcast. Optimal conditions include sunny skies and flat surf conditions.

Other recommendations for an enjoyable day include arriving early enough to find parking. Visitors should also wear

sturdy shoes or sandals to protect feet from the sharp coral, and they should not forget their sunscreen.

Another safety note to be considered is the fact that tides and surf change constantly, even in a calm location like Shark's Cove. Snorkelers should be ever aware of their surroundings and exit the water if they feel the conditions are becoming threatening.

Additionally, the cove is not monitored by a lifeguard, so those enjoying themselves should go with a friend, or two, who is comfortable in the ocean.

At an affordable price and at close proximity to Schofield Soldiers and their family members, Shark's Cove is the perfect adventure for anyone hoping to take in all that Hawaii's natural environment has to offer.



Sgt. Frank Magni

Left — A family wades into Shark's Cove to snorkel.

Sgt. Frank Magni

Background — A sea turtle swims through the Shark Cove waters.



Serving America's Army in Hawaii

May 20 / Today

Salute the Troops Concert — There's still time to enjoy live, local entertainment at the Tropics on Schofield Barracks, Friday nights at 8:30 p.m., with no cover charge. Listen to "Contra Band" tonight and "Juke Joint" on May 27. Patrons can enjoy free entertainment, drink specials and food from MacGregor's Market. Also, guests can visit the Tropics and register to win a sport utility vehicle sponsored by JN Mazda.

Finalists are selected at each concert event, and the vehicle will be given away at the June 10 "Right Arm Night" event at the Nehelani.

Visit the Tropics or call 655-0002 for more information.

"The Secret Garden" — This classic children's story is about a grieving family and a secret garden that is found and restored back to life. The play will show at the Army Community Theater on Fort Shafter tonight and tomorrow, and on May 27-28.

Curtain is at 7:30 p.m., and tickets for adults are \$17 and \$14; children under 12 are \$10 and \$8. Box Office Hours are 10 a.m. to 2 p.m., Monday through Friday.

Call 438-4480 for more information.

21 / Saturday

Living History Day — In commemoration of Armed Forces Day, visit the Fort DeRussy museum from 10 a.m. to 3 p.m. and enjoy static exhibits of military memorabilia, re-enactors in period uniforms and hands-on displays of military artifacts.

Call 438-2821 for more information.

Youth Art — Classes will be offered at the Schofield Arts and Crafts Center today from 10 a.m. to noon, and at the Fort Shafter Arts and Crafts Center on May 28 from 10 a.m. to noon.

Community Calendar

20 / Today

Sew a Lei — In preparation for 2005 Memorial Day services at the National Memorial Cemetery of the Pacific and other veterans' cemeteries on Oahu and the Neighbor Islands, schools are invited to participate in the making of lei for the more than 50,000 graves of men and women whose service to America will always be remembered. This activity, during Hawaii Military Appreciation Month, demonstrates gratitude and respect for Hawaii-based men and women of our armed forces, and especially to those who are currently deployed in Iraq and Afghanistan.

This year's goal is to reach 50,000 lei, and the state of Hawaii is offering generous incentive awards in two categories: 1) schools making the greatest total number of lei, and 2) schools making the greatest number of lei per capita (based on the Fall 2004 official student enrollment).

Prizes include Apple iMacs, a television, a boom box, a DVD player and Education Works gift certificates; however, a school can win only one prize. Lei-making can also be a meaningful activity for student organizations, Parent/Community Networking Centers and other school/community groups. For more details, call 735-8363.

Cost is \$12 per class. Call your nearest Arts and Crafts Center for more information.

21 / Saturday

Sunset in the Park — Join the Wahiawa Lions Club, the Wahiawa community and Morale, Welfare and Recreation in welcoming home Hawaii's Soldiers from noon 'til 10 p.m. at Wheeler Army Air Field, tomorrow and Sunday.

This WAAF Sunset in the Park event will provide great local entertainment, games and rides from Xtreme Fun Rentals and E.K. Fernandez, antique military vehicle and custom motorcycle displays, and plentiful vendor and food booths. Plus, catch the feature attraction movies on a 30-foot screen at dusk.

Children with a military ID will receive free ride bracelets. Visit the information tent on the day of the event for your bracelet. Cost for all-day ride bracelets for the general public is only \$15 for the first 250 people each day, or \$20 thereafter.

Residents of Medonca Park, Schofield Barracks and Helemano Military Reservation are asked to enter through Kunia Gate and to go around the right side of the airfield, so as not to flood Kawamura Gate, which will be open to the general public. Camp Stover Gate will be open from 10 a.m. to 10 p.m., only for residents, on both days.

No pets will be allowed at this event, and participants should be prepared for random vehicle, bag and cooler inspections when entering the post. Call the Sunset Hotline at 628-9438 for more information.

This fun-filled day is open to the public. However, a limited number of picnic areas are still available, and these areas are the only ones on the field where you can grill. If you're interested, call 655-0112 or stop by the Leisure Activities office at Kaala.

Here's a brief synopsis of the entertainment, which is subject to change:

Tomorrow, May 21

Noon, The Royal Hawaiian Band

1 p.m., Sonya Mendez

2 p.m., Hawaiian Stars All Stars

3 p.m., Entertainment

Funds for Charities

Applications are available now for charities that are interested in receiving funds from Saturday's Hawaii Hotel and Lodging Association Visitor Industry Charity Walk. Charities may request applications from the association by mail or fax and should include the name, address and contact person of their organization.

Completed application forms should be submitted to the HHLA Honolulu office by 4 p.m. on May 31.

To request an application on Oahu, write Tina Garcia, Hawaii Hotel and Lodging Association, 2250 Kalakaua Ave., Suite 404-4, Honolulu, HI 96815. Send faxes to 924-3843.

21/ Saturday

CPR — The American Red Cross at the Schofield Barracks Service Center will hold a class for Standard First Aid/Adult CPR Plus Child and Infant CPR. The class will be on May 21 from 8 a.m. to 5 p.m.

The cost is \$39 and includes the book. Call 655-4927 to register.

New Baby Expo — The Neal Blaisdell Exhibition Hall will celebrate babies at the 8th Annual New Baby Expo. Dozens of new vendors are joining the expo, so when you stroll through the aisles May 21 and 22, you'll find more than 150 exciting booths showcasing everything for new parents and babies.

22 / Sunday

Pet Fair — In celebration

TBA
4 p.m., 7 Simple Pieces
5 p.m., Hapa
6 p.m., Ho'onua
The movie at dusk will be "Finding Neverland."

Sunday, May 22

Noon, Halau Hula 'O Hokulani

1 p.m., 25th Infantry Division (Light) Band Jazz Combo

2 p.m., Intertribal Council of Hawaii

3 p.m., Da Braddahs

3:20 p.m., UH Rainbow Dancers

4 p.m., The Krush

5 p.m., Simplicity

6 p.m., Jake Shimabukuro

The movie at dusk will be "National Treasure."

23 / Monday

Steak Night — Enjoy a sizzling steak cooked to perfection on the grill outside Reggie's and in front of the Nehelani, which comes complete with a tossed salad, baked potato, rolls and vegetables.

This entrée will be served from 5 to 8 p.m. Cost is \$11.95 for adults. Call 655-4466 for more details.

26 / Thursday

Commissary Dash N' Grab — Enter for a chance

to win the next Commissary Dash N' Grab event scheduled for May 26 at 7:30 a.m. at the Schofield Commissary.

Entry boxes are located at the Schofield Barracks Commissary, Army Community Service or Tropics, and MWR Blue Star Card members are automatically entered for a chance to win.

Three finalists will be selected and notified as Dash N' Grab winners, and this contest — sponsored by Army Hawaii Family Housing, DECA and MWR — is open to active duty families and spouses.

27 / Friday

Hawaiian Luau Lunch

Buffet — Taste a traditional Hawaiian style feast from 11 a.m. to 1 p.m. at the Hale Ikena at Fort Shafter, or at the Nehelani on Schofield Barracks. Cost is \$9.95 per person.

Call the Nehelani 655-4466 or the Hale Ikena at 438-1974 for reservations or information.

Graduation Money Lei

— For a creative way to give

of National Pet Week, the Schofield Barracks Veterinary Clinic will host a Pet Fair the week of May 23-27, complete with contests, prizes, information booths and, of course, mega prizes and fun.

May 23-26, participate in the clinic contest; May 27, attend the Pet Fair from 10 a.m. to 2 p.m. Also, be sure to bring everyone to see the Military Working Dog Demo.

Loads of fun await pet owners and lovers at the vet clinic. Call Sgt. Francisco Vaca at 433-8534 or 433-8536 for more information.

25 / Wednesday

Potters' Guild — The Hawaii Potters' Guild will host several craft classes and demonstrations in a variety of mediums this summer.

Wednesday at 6:30 p.m., meet well-known ceramist Yukio Ozaki; May 29 from 4 to 6 p.m., catch ceramist Valerie Zimney demonstrating the Kutani technique (\$5 fee); May 30, register for six classes in either handbuilding or wheel; and June 3 at 7 p.m., see the works of ceramists Daven Hee, Judy Kawabata and Rochelle Lum.

The Guild is located at 2480 Bingham St.; call 988-2418 for more details.

27 / Friday

Aloha Ceremony —

Wheeler Middle School will host an aloha ceremony, Friday, May 27 from 4:40 to 9 p.m. This event will honor all military heroes and the eighth grade Wheeler students. Cost is \$2 per person (except for children under age 5 and the

a graduation present this year, attend this class and make money lei. The last classes will be held at the Schofield Barracks Arts and Crafts Center on May 27 from 10 a.m. to noon. Cost is \$10 to attend. Call 655-4202 for more information.

28 / Saturday

A-Maze-Ing Corn Festival — Join the fun by getting

lost in the huge corn maze at Aloun Farms on May 28. Enjoy pony and hay rides, carnival games, self-pick corn, food booths and lots more fun.

Adults can sign up and enter the five-mile GPS scavenger hunt, which uses the latest in technology. This hunt is just right for ages 15 and up and costs \$20 to enter. The winner will receive a trip to the Big Island of Hawaii, plus other consolation prizes will be awarded.

Then, on May 29, participate in a paintball challenge within the maze. Don't miss the special military price for this event: \$6 for adults and \$3 for children. One dollar from each entry will benefit the Better Opportunities for Single Soldiers program.

Call 677-9516 or 256-5546 for more information.

June

1 / Wednesday

Fourth of July Picnic Sites — MWR will be accept-

ing reservations for picnic sites beginning today at Kaala Community Activities Center, Room 101. Cost is \$60 for a 20 x 20 area on the perimeter of Sills Field.

These areas are the only areas where cooking on grills will be authorized. Call 655-0112or 655-0110, or stop by to reserve your site today.

3 / Friday

Texas Hold'em Tournament — The deadline to

enter the Texas Hold'em Tournament is June 3 by 5 p.m. Applications are available at the Martinez Physical Fitness Center on Schofield Barracks.

This tournament will take place from June 7 through 9 beginning at 6 p.m. Card sharks can register to play or just come watch, but only the first 128 who register will play. Active duty personnel have first priority.

First and second place winners will receive trophies

eighth graders), and this event will be held Wheeler students are not charged a fee. Participants will enjoy a variety of dishes and a Polynesian revue program, complete with hula dancing and Hawaiian music. For more information, call Wheeler at 622-6525.

29 / Sunday

Family Sunday — Come

celebrate the grand opening of "Reptiles: Real and Robotic" when Kraft Foods hosts Family Sunday at the Bishop Museum's Castle Hall, May 29 from 9 a.m. - 5 p.m. The fun-

and the opportunity to play in a celebrity charity tournament in July in Waikiki. Call 655-4804 or 655-0900 for more information.

6 / Monday

Summer Reading Club

— This summer, children ages 6 to 12 are invited to "Flip Over Books" at their Army library. This free program will run for five weeks beginning June 13 and features special weekly programs and reading incentives.

Registration and packet pick up begins today at your nearest Army library.

Steak Night — Once again, enjoy a sizzling steak cooked to perfection on the grill outside Reggie's and in front of the Nehelani, which comes complete with a tossed salad, baked potato, rolls and vegetables.

This entrée will be served from 5 to 8 p.m. Cost is \$11.95 for adults. Call 655-4466 for more details.

8 / Wednesday

Fund-raising Opportunities — Units and Family

Readiness Groups that are interested in fund-raising at the Fourth of July event are encouraged to attend a meeting today at 9 a.m., at the Kaala Community Activities Center, Room 101.

For more information, call 655-0110.

9 / Thursday

Bike Festival — Listen

up at this bike safety clinic, enter bike contests and learn about the latest in bicycles for youth at the Tropics from 2 to 4 p.m.

Door prizes will also be available; call 655-0002 for more details.

10 / Friday

Right Arm Night —

Enjoy a delicious Polynesian luau buffet at the Nehelani on Schofield Barracks, June 10 beginning at 4 p.m. Plus, gather for great local entertainment by lively performers and win prizes and more.

A Mazda Tribute from JN Mazda will be the grand prize giveaway at this event, so get your tickets now. Cost is \$5 in advance or \$7 on June 10.

Patrons must be 18 years or older to attend; no children will be allowed. Call 655-4466 for more details.

filled day features delicious food, rides, games, interactive educational programs, live entertainment and best of all, reptiles.

The new exhibit tells the story of how these feared, complex and often misunderstood creatures have evolved through history, through larger-than-life robotic reptile models and interactive displays and more.

The Bishop Museum is located at 1525 Bernice Street in Honolulu. Entry fee is \$3 for kamaaina and military, free for members and children

11 / Saturday

Hawaiian Railway

Society Tour — Enjoy a 90-minute, fully narrated train ride beginning in Ewa to Kahe Point and back, and be transported back in time as the conductor passes along historic sites of interests and beautiful views of the ocean.

Transportation will be provided from the Schofield Commissary and the Fort Shafter Physical Fitness Center for this tour. However, reservations must be made by June 9.

Cost with transportation is \$8 per person and \$1 for children under 2. If you would like to attend and do not need transportation, cost is \$6 per person and children under 2 are free.

Sign up to join the fun at the Schofield or Fort Shafter ITR offices. For more information, call 655-0112 or 655-0110.

14 / Tuesday

Ronald McDonald — As

part of the Summer Reading program at your nearest library, children can visit with Ronald McDonald on the following dates beginning at 3 p.m.: Fort Shafter on June 14, Schofield on June 15 and Aliamanu on June 16.

Ever more fun and exciting activities are coming to your nearest library. Call for more information.

15 / Wednesday

Taco Wednesday —

Enjoy all-you-can eat tacos, burritos, Spanish rice and much more at Reggie's from 5 to 8 p.m. Cost is \$8.95 per person. Call 655-4466 for more details.

19 / Sunday

Father's Day Brunch —

Take dad out for a delicious Sunday brunch at the Hale Ikena on Fort Shafter from 8 a.m. to 2 p.m., or the Nehelani on Schofield Barracks from 9 a.m. to 1 p.m. Enjoy a variety of breakfast, main entrée and dessert selections.

Call the Hale Ikena at 438-1974 or the Nehelani at 655-4466 to make reservations.

Ongoing

Job Search — Visit,

browse and apply for federal jobs that are available in Hawaii at www.nafjobs.com.

under age 3.

Kids who are 4 to 12 years old will get in free with a wrapper from a Kraft Foods or Oscar Mayer product. Call 847-3511 or visit www.bishop-museum.org for more details.



Sgt. Smith Theater

Today
Beauty Shop
7 p.m. (PG-13)


Saturday
Sin City
7 p.m. (R)

Sunday
Beauty Shop
7 p.m. (PG-13)

Wednesday
Sin City
7 p.m. (R)

Thursday
Beauty Shop
7 p.m. (PG-13)

The theater is closed Monday & Tuesday.



HACN TV2 Schedule

May 20 - May 27

Morning		Evening	
6:00	Sign On	6:00	Hawaii Army Report
6:26	NSPS What to Expect in Hawaii	6:30	What's Down the Drain
7:38	Dash and Grab	6:38	Community Focus
7:49	What's Down the Drain	6:49	Welcome Home
8:00	Hawaii Army Report	6:54	Redeployment Montage 4
8:34	Army News Watch	7:00	NFL-15 Greatest Comebacks
9:00	Pentagon Channel	8:00	What's Down the Drain
10:00	Bulletin Board	8:09	Safety Video
10:46	Maui the Magic Isle	8:12	Anti Terrorism FP
11:08	Safety Video	8:30	NSPS What to Expect in Hawaii
11:12	Welcome Home		
	Redeployment Montage 3	9:43	Volunteers
11:16	Dash and Grab	9:57	Welcome Home
11:26	Bulletin Board		Redeployment Montage 3
11:56	Welcome Home	10:00	Bulletin Board
	Redeployment Montage 4	10:47	What's Down the Drain
12:00	Hawaii Army Report	11:05	NFL's Throwbacks
12:33	Pentagon Channel	11:52	Welcome Home
			Redeployment Montage 4
Afternoon		Overnight	
2:00	After the Storm		
2:23	Bulletin Board		
2:54	NSPS What to Expect in Hawaii		
4:00	Pentagon Channel		Pentagon Channel

Post nabs unwanted safety violations

Traffic rules as well as common courtesies keep everyone safe

Story and Photos by Sgt. Stephanie L. Carl
17th Public Affairs Detachment

The return of deployed Soldiers has brought about a surge of traffic violations across Schofield Barracks and the island of Oahu.

These traffic violations put Soldiers, family members and civilians at needless risk.

There are many different things Soldiers can do to avoid risks, said Staff Sgt. Dorothy J. Bundra, 13th Military Police Detachment, Traffic Accident Investigations noncommissioned officer in charge.

Proper Documentation

The first step to being a safe driver is ensuring you have proper documentation. A current license, proof of insurance, registration and safety inspection are all required both on and off military installations in Hawaii.

“Squad leaders should be checking things like documentation every week,” said 1st Sgt. Luis R. Espinoza, Company B, 225th Forward Support Battalion, first sergeant. “It only takes one day for a Soldier’s paperwork to expire.”

Seatbelts

Monday, Schofield Barracks military police, in conjunction with the Honolulu Police Department, will kick off the “Click It or Ticket” campaign. Drivers who may have gotten away with a warning for a seatbelt violation in the past will find themselves receiving tickets on the first offense.

On post, all occupants of a vehicle are required to wear a seatbelt. Some drivers, fortunately, find family members to be just the motivation they need.

“My son always reminds me,” said Espinoza. “He says, ‘Daddy, you always make me put on my seatbelt, aren’t you going to put yours on?’”

The small step of buckling a seatbelt can be just the thing needed to save someone’s life in an accident.

Motorcyclists are also reminded that they should always have on proper protective gear. For service members, this includes helmets, gloves, long sleeves, long pants, boots that cover the ankle, eye protection and a reflective device.

PT Hours

“One of the biggest things drivers can do is observe posted speed limits, especially during PT hours,” said Bundra.

It isn’t just the military police officers who think it’s important for drivers to follow the PT speed limit of 10 mph between 6:30 and 7:45 a.m. The Soldiers conducting PT are especially grateful to those who adhere to the policies.

“It’s dangerous for the Soldiers who are running when others don’t follow the rules,” said Staff Sgt. Rene McLean, a squad leader with 408th Company, 732nd Military Intelligence Battalion. “In fact, drivers should be slowing down to 10 mph any time they are passing troops or people on the road.”

Just how dangerous this can be was brought to the attention of some Soldiers during a safety brief.

“Our colonel came in to talk to us one day after PT,” said Espinoza. “He saw a car almost hit an entire squad that was conducting PT, just because the driver wasn’t paying attention.”

School/Construction Zones

Other problem areas for speeding are school and construction zones.

“Drivers definitely need to pay attention when they’re driving through here,” said Spc.



Spc. Steven M. Giangrossi stops traffic while pedestrians cross the street outside Hale Kula Elementary.



Vehicles pass by this flashing speed limit sign in the school zone outside Hale Kula Elementary. The posted school zone speed limit on post is 15 mph.



Department of the Army police officers check the IDs of drivers at Foote Gate, Schofield Barracks. All vehicle occupants should have their IDs ready for presentation prior to proceeding through any military gate.

Steven M. Giangrossi, Battery A, 2nd Battalion, 11th Field Artillery Regiment, who is currently working as a crossing guard at Hale Kula Elementary School, where the posted speed limit is 15 mph.

One particularly rough time parents have noticed is the time just after PT, when kids are walking to school, and Soldiers are rushing home to get ready for work.

“It’s congested here during PT hours,” said Meg Haebig, the mother of three children who attend Hale Kula. “Soldiers are playing their music loud and rushing to get home and shower, and that’s when they need to be more aware of what’s going on around them.”

Road improvement across Hawaii has brought about some lowered speed limits.

“These limits are posted for a reason,” said Bundra. “Every time someone speeds through a construction zone, they are putting workers at risk for no reason.”

Drinking and Driving

Many redeploying Soldiers are consuming alcohol after nearly a year without drinking. They tend to forget that their tolerance is lower, said Bundra. Then they get behind the wheel, endangering themselves and others.

“We’ve had a significant increase in the

number of DUIs on post in the last couple months,” she said. “And that’s not even including the number of Soldiers getting pulled over off post.

Soldiers should consider themselves impaired, even if they’ve only had one drink. At this point, they should rely on designated drivers, call taxi cabs or their chain of command, or get a hotel room.

Driving Courtesies

Some of the biggest problems caused on the road come in the form of inconsiderate drivers. From tailgating to cutting other people off, many drivers fail to consider how their actions may affect other people on the road. The rush to get from one place to another can often be attributed to poor planning.

“Give yourself enough time to get where you’re going,” said Espinoza. “If you leave late, it’s nobody else’s fault.”

This timing is definitely noticeable at the gates to Schofield Barracks, where long lines

of vehicles wait to enter the post every morning. Some simple steps can make entering post an easier process.

If you don’t have proper decals on your vehicle, use Lyman Gate, warn gate guards. Otherwise, they are forced to halt traffic while they allow you to turn around and exit the gate.

Perhaps the easiest thing drivers can do is have their identification card ready when they come through the gate.

“You know they need to see your ID,” said McLean. “There’s a good reason those gate guards are there, so instead of making them and everyone else wait on you, have your card out in advance.”

The bottom line is drivers need to pay attention to what’s around them. From traffic signs, to people, to other vehicles. It’s imperative that everyone operating a vehicle is aware of their surroundings. The penalty for failing to do so may be more than just a simple fine, it may result in an unnecessary death.

Shafter Elementary celebrates May Day



King Kaulana Smith and Queen Kaluhea Hamakua reign over the May Day festivities at the Shafter Elementary School.

By Carol Austin, Curriculum Coordinator, and Victoria Walker, Parent Community Networking Center For Fort Shafter Elementary School

Students, teachers, administrators and guests of Maj. Gen. William R. Shafter Elementary School observed “Na Keiki O Hawai’i,” their May Day celebration, May 12, and dedicated it to the men and women serving in the armed forces, in appreciation and recognition of their service to our country and Shafter Elementary. May Day began in Hawaii as Lei Day in 1928, and lei are a

symbol of praise for the season of summer and tokens of welcome or farewell.

At Shafter Elementary, the celebration began with a procession by the royal court and the crowning of the May Day king and queen. Students in each grade level, as well as faculty and staff, performed dances with a Hawaiian theme.

Honored guests included Lt. Gen. John Brown, commander of U.S. Army, Pacific; his wife, Mrs. Elaine Brown; Col. Lorraine Tyacke, a board member on the Joint Venture Education Forum;

and Mrs. Betty Mow, the Department of Education complex area superintendent.

King Kaulana Smith and Queen Kaluhea Hamakua — students in real life — reigned over the festivities.

Their court in attendance included students representing the island of Hawaii, Maui, Oahu, Kauai, Molokai, Lanai, Niihau and Kahoolawe. As well, crown bearers, Kahili bearers and conch shell blowers rounded out the May Day court.

The celebration ended in song with “Hawai’i Aloha.”



Courtesy Photos

Fourth-grade students dance to “Mehameha” and “White Sandy Beach” before their parents, teachers and other guests during their school’s May Day celebration.



Spc. Juan Jimenez

Yard sale enthusiasts look through items sold at one of the many yard sales organized last Saturday throughout Schofield Barracks and Wheeler Army Air Field.

‘Yard sale mania’

“Thrill of the hunt” motivates buyers

By Joy Boisselle
Staff Writer

Like bees to honey, hundreds of treasure hunters descended on Schofield Barracks and surrounding installations this past Saturday during the annual post-wide yard sale. Billed as “Yard Sale Mania,” the event lived up to its name as frenzied shoppers sifted through literally thousands of items offered for sale by military families. Buyers came to look, browse and, perhaps, find that truly unique item. Some had no idea why they were there or what they were looking for. Some came with a game plan worthy of a tactical operation, and still others called their attendance at the event simply — great family time.

Buyer Julia Samuelson, with wagon and baby in tow, said, “Military yard sales have a lot of good stuff, I think because we move so often. You need more room, more storage, kids have outgrown things and you can find great stuff.” “It really works out well for everyone,” she added. Most sellers, on the other hand, declared an impending move, the ominous weight allowance and the need to unload no-longer-needed items as their main reasons for braving the crowds. Curiously, for most, the possibility of a profit entered little in their decision to participate. Seller Julie Potts said, “Our motivation is definitely beyond the money; we need to just get rid of things we don’t use anymore.” Another seller, Melanie Twomey, commented on the win-win nature of the post yard sale. “This gives our community a great opportunity to get rid of things,

especially when we are moving, and at the same time, it also gives buyers a chance to purchase things they will need while they are in Hawaii,” Twomey said. “I sold my shed because we can’t move it, but someone here needs it.” As for the bargains available, seller Meaghan Bircher said, “The post yard sale is a good deal ... we are giving things away here,” she said, pointing to a barely used stroller priced at \$3. Also adding to seller motivation was the convenience provided by a post-sanctioned event. Advertising was free, no permits required and sellers were virtually guaranteed a better turnout of buyers as opposed to holding a sale on their own. So, what brought the shoppers out — some as early as 6 a.m. — to circle the neighborhoods in hopes of snagging the first good deal? Bargains, certainly, but shoppers cited several other reasons why

attending a military yard sale is a must. Throughout the day, a common comment heard by both seller and buyer was, “One man’s trash is another man’s treasure,” but the explanation is not as simple as that. Many buyers talked about the quality and the near-new condition of goods offered. Others explained how military sellers would bargain with a buyer, so getting the best deal possible is often a reality. Some said that military sellers have a wide variety of items to offer owing to the many duty stations where they have lived. But, all agreed, the prices were more than reasonable. One buyer commented that prices were “dirt cheap.” Finally, buyers instinctively knew that as the sale drew to its 3 p.m. close, prices would fall to rock bottom, and some might even wind up for free. For the seller, the bottom-line was, “Once it is out of the house, it stays out of the house.” That mentality, while great for the buyer, was also a boon for local thrift shop and charity organizations. Invariably, all unsold items were quickly loaded into waiting vehicles for a trip to the nearest donation box. Deals and steals were everywhere. Items searched for and found included kids’ clothing, especially newborn to toddler age; toys of all age groups; outdoor equipment like scuba gear, surfboards, sheds and patio furniture; and household items including furniture, appliances and tools. First-time post yard sale shoppers Corky and Deanna Smith heard about the sale through their church. “We are looking for bargains, and we found them — a whole truckload of them,” they said, laughing. Their best deal was scuba gear priced at \$290. Off-post, this deal would have cost them \$1,000 or more, they said. Deanna Smith pronounced the event as a “don’t miss it” affair. “You are getting

really good quality stuff here at a decent price,” she explained. Another family of satisfied shoppers, Sgt. Melvin and Leila Cabion, pronounced the yard sale as “wonderful and an amazing place to find bargains.” For their sons, they scored a \$100 chopper motorcycle, used once, that normally runs \$300 to \$400 in stores. Other bargains, they noted, were the yard toys available. “Off-post, I have paid \$100 for yard toys. Here, they are \$25 to \$30, and I am like ‘you are kidding, right’, Leila Cabion said with a laugh. “I hope they have more of these. We yard sale off-post, but this is much better.” Even kids got into the act. Lemonade, fresh cookies, and a variety of outgrown toys presented by the youngest of entrepreneurs competed for shopper attention. Many of the junior sellers did a brisk business by keeping their prices in an affordable 25-50 cent range. Post yard sales are common at many installations and no matter where they are, the operative word for the day is “Sold!” If you missed this year’s extravaganza, start planning for next year’s. According to buyers and sellers alike, it’s worth it.



Joy Boisselle

Warrant Officer Dominick Kuntz prepares to deliver a \$300 patio set that he sold for \$60. Bargains like this were the norm throughout the post-wide yard sale.

Fitness expo targets healthy lifestyles

By Spc. Cheryl Ransford
17th Public Affairs Detachment

With Army physical training focusing on cardiovascular and strength training, it may not be enough for everyone to reach their personal fitness goals.

One way the Health and Fitness Center at Schofield Barracks is helping to bring exercise to the forefront of everyone's mind is with quarterly fitness expos.

This quarter's expo was held Saturday, providing classes and information about exercise and personal fitness.

"Being physically fit doesn't mean going to a gym or fitness center," said Linda Williams, Health and Fitness Center manager. "Being active can be riding a bike, canoeing, dancing or playing outside with your kids. Many times people are a lot more active and getting more exercise than they believe."

To help people realize what exercise they are already receiving and to help design an exercise plan that is right for them, personal trainers were on-site to help everyone understand what is needed to reach personal fitness goals.

"The personal trainers are here not only to set up an exercise regimen for their clients, but to help them understand their nutritional needs, so they can adjust their eating habits if needed," said Lauren Betz, head personal trainer. "Our job is to improve overall health and fitness. It's about more than just getting toned or building muscles."

At the end of the day, some people received answers to questions and others a new form of exercise.

"This is the first time I have been to a step class," said Pfc. Kristin Foxwell, 1101st Garrison Support Unit. "I wouldn't normally just go to a class at a gym, but with the expo I figured I could try it."

"It was a lot of fun and I think I'll start coming to the classes regularly," she added.

Changing a way of life is never easy, but with the right information and motivation, anything is possible.

"The more exercise is understood, the easier it is to do," said Chellie Cardone, personal trainer and Step Core class instructor. "Once people understand exercise, they will see how many options there are for them to get their intended results. And with the added knowledge they receive at the expos, people are more inclined to go to a gym or get outside and get regular exercise."



Above left – Master Sgt. Pamela Smith, Headquarters and Headquarters Company, 25th Infantry Division (Light), takes part in a Step and Core class during a fitness expo Saturday at the Health and Fitness Center. While conducting regular physical training in the military maintains a good level of fitness, Smith wants to add a little more in order to reach her personal fitness goals.

Above – Staff Sgt. Lydia Ortiz, Tripler Army Medical Center MEDEVAC, does a stretching movement during a yoga class. Ortiz went to the expo looking for new ways to improve her overall health.

Left – Darin Hashimoto (left), the New Balance Hawaii representative, speaks with Sgt. 1st Class Jodean Rappatta about what type of running shoe would be best for her type of foot. Wearing the proper type of footwear for each type of foot, he explains, will prevent injury during exercise.



Spc. Juan Jimenez

Matthew Middleton from 40th Quarter Master Company delivers a strike to shut down his Judge Advocate General opponent, Monday, on Gimlet Field, Schofield Barracks. JAG lost 15-12 to 40th.

25th ID (L) & U.S. Army, Hawaii
Intramural Softball Standings

Unit	Wins	Losses	Pct.
East Division			
407th MI	2	0	1.000
HHC, 25th ID (L)	2	0	1.000
40th QM	0	1	0.000
JAG	0	1	0.000
58th MP	0	1	0.000
HHC, 2nd Bde.	0	2	0.000
West Division			
HQ & A, 725th MSB	1	0	1.000
556th PSB	1	0	1.000
Co. C, 725th MSB	1	0	0.000
HHC, 84th Eng.	0	1	0.000
Co. B, 65th Eng.	0	1	0.000
Co. B, 225th FSB	0	1	0.000
North Division			
HHC, 1st Bn., 14th Inf.	1	0	1.000
Co. A, 1st Bn., 27th Inf.	1	0	1.000
Co. B, 1st Bn., 27th Inf.	1	0	1.000
Co. C, 1st Bn., 27th Inf.	0	1	0.000
Btry. B, 3rd Bn., 7th FA	0	1	0.000
Co. A, 1st Bn., 14th Inf.	0	1	0.000
South Division			
Co. C, 25th Avn.	1	0	1.000
Co. D, 1st Bn., 25th Avn.	1	0	1.000
Co. A, 125th Sig.	1	0	1.000
HHC, 125th Sig.	0	1	0.000
Btry. C, 2nd Bn., 11th FA	0	1	0.000
Trp. A, 3rd Sqdn., 4th CAV	0	1	0.000
Women’s Division			
3rd Bn., 7th FA	1	0	1.000
58th MP	0	0	0.000
TAMC	0	0	0.000
205th MI	0	1	0.000
71st Chem.	0	0	0.000
225th FSB	0	0	0.000
<i>(Standings are current as of May 16.)</i>			



May 20 / Today
Fourth of July 5K Run and Fun Run
— Entry forms and fees for these runs are being accepted now at the Schofield Barracks Health and Fitness Center. Cost for the 5K is \$17 with T-shirt and \$10 without a T-shirt, if you register by June 15.
From June 15 through 25, the cost is \$22 with T-shirt and \$12 without. Registration on race day begins at 7 a.m., and then the cost will be \$27 with T-shirt and \$14 without.
The children's one-mile fun run is free and T-shirts may be purchased by June 25 for \$8.
Entry forms are available at all Army

Fitness Centers. Call 655-8789 for more information.

21 / Saturday
Teen Dodgeball — Bring your friends, beginning at 5 p.m., and enjoy a great game of teen dodgeball at the outside courts of the Tropics. Call 655-0002 for more information.

23 / Monday
Sports Night — Every Monday evening from 4 to 9 p.m., watch satellite sports, ESPN and more, while enjoying a special sports bar menu at Reggie's. Call 655-4466 for more information.

Ongoing
Swim Club — Record each mile you run, walk or swim and win incentive prizes in the 100-mile run/walk and 50-mile swim clubs.
Runners will receive a pair of Thorlo running socks, and swimmers will receive goggles. Stop by any Army Physical Fitness Center or swimming pool to pick up a log sheet.



May 22 / Sunday
Schofield Road Race
— It's not too late for athletes to tackle the 10-mile Road Race at 6:30 a.m., Sunday at Stoneman Track, Schofield Barracks. Mid-Pacific Road Runners Club members can sign up the morning of this race for only \$5; the nonmember fee is \$3.

Pool League — If you're a pool shark and want to test your skills with the best, keep watch for The Association for Pool (TAP) league that is coming to Schofield Barracks and offering all military the chance to compete in international amateur billiard contests.
When competition gets underway, you'll have the opportunity to prove your mettle, plus win money and prizes, so sign up your team today and get into the action.

Look for posters touting TAP around post. Call for details at 1-888-MWR-1TAP, or e-mail daniel.houck@us.army.mil.

28 / Saturday
North Shore Triathlon — In honor of Capt. Mike Tarlavsky — who was killed in action on Aug. 12, 2004, in An Najaf, Iraq — the Bike Factory will present "Tarlavsky's North Shore Triathlon 2005" at Mokuleia Beach Park, May 28 beginning at 6 a.m.

Tarlavsky was involved in all things sports, from scuba diving and kayaking to rock climbing and sky-diving. His beloved and athletic wife Tricia joins the Bike Factory in inviting you to participate by swim-



Tarlavsky
ming 400 meters, biking 10 miles and running three miles in individual or team relays.
Men and women can enter in various categories and compete for diverse prizes. For fee and entry details, contact Chris Gardner at 372-8885, or surf www.hawaiiiswim.com.

Surfing Mele — "The opening of Da' FlowRider at the Hawaiian Waters Adventure Park is in many ways a gift back to our youth who are passionate about board sports," said General Manager Jerry Pupillo regarding the upcoming Blue Hawaii Surf/Ezekiel Midnight Mele.

The Mele is the first of several anticipated "flow-boarding" competitions at the park, which will feature the skills of some of the top board sport professionals.

For more information on Da' FlowRider, visit www.daflowrider.com. For information on admission prices, group discounts and special events, call 674-9283.

30 / Monday
Pearl Harbor Memorial Race — The Surface Navy Association will present its inaugural Pearl Harbor Memorials Relay, to

commence and end near the Battleship Missouri Memorial on Ford Island on Memorial Day, May 30.
Military and civilian teams (called crews) can consist of as few or as many members desired to run or walk the relay in order to complete the five-hour event. Each participant will receive a T-shirt and a commemorative "plank owner" certificate for this inaugural event.
Registration forms are available online at www.ussmissouri.org/relay or www.RunnersHI.com.
The relay will begin at 7 a.m. and conclude at noon. The course is approximately 3.2 miles around historic Ford Island and passes within the view of the nearby USS Arizona Memorial, and USS Utah Memorial, in addition to the USS Missouri. For a course map, visit www.ussmissouri.org/relay.
Baby strollers that are suited for running are welcome. Water and sports drinks will be provided to participants.
Crews must pick up their registration packets on Saturday, May 28, or Sunday, May 29, between 10 a.m. and 4 p.m. at Runners Hawaii in Aiea (98-390A Kamehameha Hwy.).
For more information, contact Neil Voje at 488-1391 or e-mail Nvoje@lucasgroup.com.

Ongoing
Local Sports Calendar Briefs — Do you have sports announcements of upcoming events or activities you'd like to post in the Hawaii Army Weekly newspaper? If so, e-mail complete information to editor@hawaiiarmyweekly.com at least two weeks in advance of your event or activity.

Army 10-Miler tryouts

Sgt. Kendrick Washington

Sgt. Araceli Mendoza (left), a squad leader with 71st Chemical Company, competes in the 2004 Army 10-Miler race in Washington, D.C. The 2005 U.S. Army, Hawaii, and Reserve Components' 10-Miler team will conduct tryouts June 3, 10 and 24 on Schofield Barracks for this year's race on Oct. 2. For more information, contact Sgt. Maj. Arnold at ArnoldRL@schofield.army.mil or call 655-8721.